

I am a builder when I think positive thoughts about myself and others

Here at APA, we always try to be positive and build each other up. What can you do if you find yourself *NOT* thinking positive thoughts about yourself or others? Here are some ideas you can try:

- **Help someone** - Take the focus away from you and do something nice for another person.
- **Remember that no one is perfect and let yourself move forward** - It's easy to dwell on your mistakes. Learn from your mistakes and forge ahead.
- **Sing** - Who can be sad when they are singing or humming a happy song?
- **List five things that you are grateful for right now** - Being grateful almost immediately helps elevate your mood.
- **Read positive quotes** - Find quotes that are uplifting and positive.

Enjoy watching our chew time video at home that introduced this theme to our students. <https://youtu.be/YQ5-1V1UfQ>

Upcoming Events

- January 29 - Jeans Day
- February 2 - Lower Grades *School* Spelling Bee 1:30 - 3:00 pm
- February 5 - Spirit Wear Day
- February 5 - Early Dismissal 12:15/12:30/12:45 (**AM Kindergarten attends**)
- February 12 - Upper Grades *School* Spelling Bee 1:00 - 3:00 pm

Jeans Day - January 29

Watch for a sticker coming home on Thursday so you know if your student qualifies to wear jeans! Here are the guidelines - <https://draper2.americanprep.org/jeans-day/>

Volunteers needed for Spelling Bees

- Grades 1-3 Tuesday, February 2 - 1:15 - 3:00 pm
- Grades 4-6 Friday, February 12 - 12:45 - 3:00 pm

We are looking for three (3) volunteers each day to judge for our Spelling Bees. You will follow along on the spelling list and hold up a green card, for spelled correctly or a red card for spelled incorrectly. It's easy, fulfilling, and fun!

Please go here to sign up: <https://www.signupgenius.com/go/60b044faaab2ca1fd0-spelling>

Early Dismissal - Grading Day - February 5

- **AM Kindergarten students attend**
- Purple 11:50 am - AM Kindergarten students without siblings
- Yellow 12:15 pm - Blue 12:30 pm - Red 12:45 pm
- Buses will leave at 12:25 pm and arrive 3 hours earlier than usual.

<https://www.americanprep.org/wp-content/uploads/2020/08/Bus-Routes-Aug-2020.pdf>

Spirit Wear Friday - February 5

On the first Friday of every month, students and staff can show their American Prep spirit by wearing Spirit Wear items on top, and regular Friday dress on bottom. Items can be from previous fundraising events or can be purchased through our Spirit Store.

<https://www.americanprep.org/product-category/spirit-wear/>

Valentines Day - From our Parent Student Handbook

We encourage students to show they care by doing good deeds for others all during the month. Often, the school participates in a school-wide service project during February. If students wish to exchange Valentine cards or treats (completely optional) they may do so, within the following guidelines:

- All classmates must be included in the giving.
- Treats must be wrapped, as they will be placed in backpacks to be enjoyed at home.
- You will NOT need to make a Valentine box for your student, ***we will provide paper bags for the students to put their Valentines in.***

Off Campus Enrollment and Transfers

We are no longer accepting enrollment in our Off Campus program. We do not have enough teachers to take on any more students. Students in the Off Campus program cannot transfer from one campus to another until they return to school.

School Lunch

Because of COVID, our menu is subject to change.

- February 2021 Menu - <https://www.americanprep.org/school-lunch-program/menu/>
- Click here to ORDER. <https://apalunch.h1.hotlunchonline.net/>

School Choice Week

January 25 - 29 - What is school choice? School choice is the process of allowing every family to choose the K-12 educational options that best fit their children. Every child is unique, and all children learn differently. Some children might succeed at the neighborhood public school, while others might fit in better at a charter, magnet, online, private or home learning environment. That's why school choice is so important! These options include all forms of education, from traditional public schools, to public charter schools, public magnet schools, private schools, online academies, and homeschooling.

Find out more here: <https://schoolchoiceweek.com/>

Looking Forward - End of Year Testing Dates

During testing time, there will be **NO EXCUSED ABSENCES**. All testing is required for all students. Here are the dates we have scheduled -

- ***4th - 6th grade State testing*** - Monday, April 19 - Friday, April 23
- ***1st - 3rd grade State testing*** - Monday, April 26 - Friday, April 30
- ***K - 3rd grade Core Knowledge testing*** - Monday, May 17 - Friday, May 21
- ***4th - 6th grade Core Knowledge testing*** - Monday, May 24 - Friday, May 28

Carpool

We have a family looking to set up a carpool. They have two students who need a ride home every day. They can help take up to two students in the morning. The drop off location is either 11800 S. and State St. OR 13490 S. and Vista Station Rd. If you can help, please call (801) 953-9714.

Math Kangaroo Competition - March 18

For those who would like to participate in the Math Kangaroo Competition, it is being held online this year. Register here: <http://www.mathkangaroo.us/mk/default.html>