



# AMERICAN PREPARATORY ACADEMY

November 8, 2019

## Draper 2

### Upcoming Events



Wednesday, November 13	Veterans Day Assemblies, 9:00 am & 12:00 pm
Thursday, November 14	Watch for Jeans day sticker on your students LP
Thursday, November 14	Parent Empowerment Night, <b>D3 Choir Room</b> , 7 pm
Thursday, November 14	UTA Public Trans. Open House, 4:30-7:00 pm
Friday, November 15	Jeans Day
Monday, November 18	Chick-Fil-A Spirit Night, 5:00-7:00 pm
Friday, November 22	Mid-term missing work deadline
Friday, November 22	Chick-Fil-A Student Birthday-Oct, Nov, & Dec
Wed., Nov 27-Fri, Nov 29	<b>No School - Thanksgiving Break</b>
Mon, Dec 2 - Fri, Dec 6	<i>In Class Geography Bees</i>
Tuesday, December 10	<i>School Geography Bee (grades 4-6) 1:00 pm</i>

*For updates and additional information, please visit our campus website:*

<https://draper2.americanprep.org/>

Report volunteer hours via email: [volunteerdraper2@apamail.org](mailto:volunteerdraper2@apamail.org)



# AMERICAN PREPARATORY ACADEMY

## November Builders Theme

### **I am a Builder when I express gratitude in word and deed.**

This month we find ourselves reflecting on what we are grateful for--and what we are going to eat for Thanksgiving dinner. As an introduction to our builders theme this month, we offer this challenge: Can you think of 100 things you are thankful for? Try this exercise with your family. Close your eyes and focus on a blessing in your life. It's easy to begin by visualizing your family members and friends. Envision an image of each one in your mind. Offer a silent "thank you" to the person or object of your appreciation. How many things are on your list so far?

Next start to think about things that you may take for granted like the sunshine, a warm bed, food in your home, your teacher's help on that assignment. Good is everywhere! Relax into the feelings of gratitude...take a deep breath...feel more gratitude as you recognize your 100 blessings.

William Faulkner said, "Gratitude is a quality similar to electricity: it must be produced and discharged and used up in order to exist at all." The latest brain research shows that feeling gratitude for 30 seconds six times a day (a mere three minutes!) will enable our neurons to fire and wire together around gratitude and we will more easily and frequently access more gratitude.

Gratitude has a positive impact on our lives by improving physical and emotional health as well as boosting self-esteem. Simply put, being grateful *feels good*.

Hey! I'm grateful for that; I'll put that first on my list!

## **From the Academic Office**

### ***Geography Bee - Grades 1-6***

All of our students participate in classroom geography bees, which are held December 2 to December 6. Study guides for grades 1-3 will be sent via email from the homeroom teacher. A study guide for grades 4-6 is included with the newsletter. The school geography bee for grades 4-6 will be held on December 10 at 1:00 pm.

### ***Midterm Missing Work Deadline - November 22***

All absent/missing work students have not completed from October 7th to November 21st needs to be turned in by November 22 to receive credit.

Please make sure you are checking your student's grades on our online grade book, Alma. If you do not have access to Alma please email your student's homeroom teachers and they will get you a password reset. Thank you for your hard work!



# AMERICAN PREPARATORY ACADEMY

## Upcoming Event Details

### ***Veterans Day - Celebration Details - November 13***

We are very excited for our Veterans Day celebration. Hopefully you have thought about a Veteran you could invite to this wonderful assembly! It's not too late to RSVP by calling 385-434-2000.

Due to space constraints in our gymnasium, only parents who are accompanying Veteran guests are able to attend in person. We will be live streaming the assembly so parents and others can watch it online! We will send the link next week.

#### **9:00 am Assembly**

First Grade	Durling	Henry	Limbean
Second Grade	Diamond	Mair	Hooley
Third Grade	Tefteller	Palumbos	Strong
Fourth Grade	Hyer	Jaccard	Cain
Fifth Grade	Bodily	McKeever	Ames
Sixth Grade	Henderson	Weiss	Burkholder

#### **12:00 pm Assembly**

First Grade	Davis	Nath	Botcher
Second Grade	Foster	Herrera	Johanson
Third Grade	Wanner	McKeague	
Fourth Grade	Minniear	Pope	Malan
Fifth Grade	Wilding	Sahagun	Erickson
Sixth Grade	Butler	Beal	Smith

### ***Parent Empowerment Night - November 14***

We have our next Parent Empowerment Night coming up on Thursday, November 14th, at 7:00 P.M. It will take place in the Draper 3 Choir Room. Renaissance Ranch will be presenting on mental health and suicide awareness. Parents, make sure to mark your calendars for this important informational night.

### ***Utah Department of Transportation Open House, November 14, 4:30-7:00 pm***

UTA is facilitating a study of potential transit corridors around the Point of the Mountain and is holding an Open House inviting input regarding transportation needs and plans for the Point of the Mountain corridor. You can also give input at this link.

<http://rideuta.com/About-UTA/Active-Projects/Point-of-the-Mountain-Transit-Study/Community-Events-and-Input>



# AMERICAN PREPARATORY ACADEMY

## ***Jeans Day - November 15***

If your student has had no missing work and receives a sticker on their learning plan on Thursday, November 14th, they can wear jeans to school on Friday!

## ***Chick-Fil-A Spirit Night Fundraiser - November 18***

Take your family to Chick-Fil-A located at 357 E 12300 S, Draper, UT 84020, between 5:00 and 7:00 pm for dinner and 10% of your purchase will be donated to our staff appreciation fund.

## ***Chick-Fil-A Birthday Celebration - November 22***

Chick-Fil-A is bringing chicken nuggets to our students who have birthdays during October, November, and December. If your student has dietary restrictions, please let us know and they will provide a fruit cup instead. Email [dcampbell@apamail.org](mailto:dcampbell@apamail.org) with your student's name, grade, birthdate and the nature of their allergy/restriction.

## **From the Administrative Office**

### ***School Lunch***

PLEASE Order Lunch <https://apalunch.h1.hotlunchonline.net/>

All orders must be placed 48 hours in advance. If you want your student to have lunch on Monday, please order by this Saturday.

If you need help ordering lunch, our school lunch workers are available each morning and then from 12:00 pm to 1:00 pm every day. You can also email [lunch@apamail.org](mailto:lunch@apamail.org) for assistance.

### ***Adult Fitness Class***

There will be a Fitness Class (PUSH) on Saturday mornings at the Draper 3 campus. PUSH fitness classes will be taught by our Track and XC coach Donald Brown for all adults and older students (16-18 with permission from parents). If you are interested, please check out the flyer on the following link. [PUSH Fitness](#)



# AMERICAN PREPARATORY ACADEMY

## Character Development Corner - Mandy Brown

I recently heard on the radio that taking 2 minutes a day to reflect on things you are grateful for leads to greater happiness and less stress in your life! There are also studies that show that when you look for things to be grateful for, your brain starts recognizing them more easily every day. Gratitude is a fantastic virtue to practice, and November is a natural time to do so. Next week watch for our latest video on gratitude to watch at home with your child(ren)!

5th and 6th Grade students have our BEACH BASH event coming up in December, and we'd love to have parent volunteers!

Thursday, December 5th, 12:30 to 3:00 - **FIFTH GRADE**

<https://www.signupgenius.com/go/10C0444AFAE29ABFC1-beach2>

Thursday, December 12th, 12:30 to 3:00 - **SIXTH GRADE**

<https://www.signupgenius.com/go/10C0444AFAE29ABFC1-beach3>

I'm grateful for the chance I have to interact with your students. They bring so much joy to our school!



# AMERICAN PREPARATORY ACADEMY

## From our Family School Organization (FSO) - Nicole Harman

Please join us on Monday, November 18th from 5pm-7pm at Chick-Fil-A in Draper for a spirit night! TEN percent of **ALL** sales during that time will benefit our school. So make sure to spread the word and plan an easy and fun dinner for your family!

We also need a handful of volunteers. Please click the link below and help us make this night a success!!!

<https://www.signupgenius.com/go/10C0849ACA72EA6F85-chickfila>

Thank you to everyone who donated food items and their time to help feed our wonderful staff last week during Parent Teacher Conferences. We would also like to thank Venu Shelat for organizing it all, your generosity is greatly appreciated!

Ashwini A	Karrie Guest	Markeline Maia	Sonam Sethi
Victoria Allen	Neha Gupta	Amy Maughan	Faryal Sheik
Sonia Bhutiany	Nicole Harman	Aimee McDaniel	Hailey Slaugh
Masha Bleazard	Kinjal Hate	Gaby Medina	Kristi Summit
Cinthya Carbajal	Shana Hawes	Michelle Mehrtens	Jaimi Sun
Pavitra Chari	Rachel Haymond	Bjarati Misra	Craig Swagerty
Claire Chen	Migdalia Izarra	Maysa Muhsen	Tony Taquemasa
Katy Cox	Srinivas Jadala	Angie Murdock	Misti Timpson
Gretel De La Cruz	Melanie Jorgenson	Asma Naz	Nick Tran
Liliana Dilts	Gurleen Kaur	Lindsay Neff	Madhu
Vallur			
Monica Dyphibane	Seryun Kim	Tya Nelson	Susan Vilchez
Nejwa Elhaddi	Sheetal Kumbhare	Delmi Ordura	Heather Wall
Savannah Frandsen	Denise Lambert	Ashley Pacheco	Monica Walter
Alexandra Garn	Kathy Larrabee	Liz Papenfuss	Kim Wilson
Jaree Gaskin-Housley	Susan Lee	Khyati Patel	Sara Zasukha
Christina George	Destiny LeSueur	Santoshi Patterm	Amanda Zonatto
Heidi Giles	Erica Lewis	Nalini Polavarapu	Ana Zungia
Nicole Green	Tomoko Macleod	Rosa Ramos	Anz Mary Zacharias



# AMERICAN PREPARATORY ACADEMY

## American Preparatory Education Foundation



Friends of APA

*Michelle Goudge, Executive Director*

*e: [mgoudge@americanprepfoundation.org](mailto:mgoudge@americanprepfoundation.org)*

*p: 801.661.192*

### **4<sup>TH</sup> ANNUAL HOLIDAY BOUTIQUE**

APA's 4<sup>th</sup> Annual Holiday Boutique is this week! It will be held on Friday, November 8, 2:00 pm – 8:00 pm and on Saturday, November 9, 9:00 am – 2:00 pm in the Draper 3 gym. The schedule of events and flyer can be found on the email that was sent out by Mr. McVicar on Thursday.

Student organizations are fundraising, as well, with a bake sale, hot chocolate bar, kids crafts, and a kid zone where you can drop your children off for a small fee while you shop.

Some of the Draper 2 art students will have artwork on display as well.

Spiderman, Elsa, and Anna will be at the boutique on Friday from 4:30 to 6:00 pm. Santa and Mrs. Claus will be there on Saturday from 11:00 am to 1:00 pm and you can get family photos taken by a professional photographer on Friday and Saturday. Photos with Santa are just \$10.00, family photos are just \$15.00, and for an additional \$2.00 you can purchase the downloadable file. It's the perfect time to get photos taken for your holiday cards!

Please come out and support the local vendors, student entrepreneurs, student organizations, and student performers!