



May 3, 2019

## Draper 2



## UPCOMING EVENTS

Tuesday, May 7th

Wednesday, May 8th

Thursday, May 9th

Tuesday, May 14th

Wednesday, May 15th

Wednesday, May 15th

Thursday, May 16th

Friday, May 17th

**Friday, May 17th**

Monday, May 20th

Wednesday, May 22nd

Wednesday, May 22nd

Thursday, May 23rd

Thursday, May 23rd

Thursday, May 23rd

Friday, May 24th

Spirit Wear Day for White Ribbon Week participation

1st - 3rd grade Field Trips

4th - 6th grade Field Trips

End of Year Show What You Know

1st grade: 5:30-6:30 pm

4th grade: 7:00-8:00 pm

All library books due

End of Year Show What You Know

2nd grade: 5:30-6:30 pm

5th grade: 7:00-8:00 pm

End of Year Show What You Know

3rd grade: 5:30-6:30 pm

6th grade: 7:00-8:00 pm

Late Work Deadline

**Fun Run - Andy Ballard Arena, 6:00-8:00 pm**

Reading University Deadline

K-3rd grade Talent Show, 12:30-2:00 pm, Gym

Orchestra Concert, 6:00-8:30 pm-Multipurpose room

Kindergarten groups books due

4th-6th grade Talent Show, 12:30-2:00 pm, Gym

Band Concert 6:00 pm Gym

1st-6th grade groups book due



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Friday, May 24th

**Monday, May 27th**

Tuesday, May 28th

Wednesday, May 29th

Thursday, May 30th

Thursday, May 30th

Friday, May 31st

Kindergarten Last Day of Attendance

End of Year Show What You Know 1:00-2:00 pm

**No School - Memorial Day**

Volunteer Assembly, 8:00 - 9:00 am-Multipurpose room

**Early Release** dismissals at 12:15/12:30/12:45 pm

Field Day - Watch for more information to come

**Early Release** dismissals at 12:15/12:30/12:45 pm

**Last day of school-**

**Early Release** dismissals at 12:15/12:30/12:45 pm

*For updates, additional event information, and athletic events, please visit our campus website below.*

**Do you have volunteer hours to report? Go to [volunteerdraper2@apamail.org](mailto:volunteerdraper2@apamail.org) and report them. Thank you for ALL of your help.**

## **From the Directors' Desks**

by Cathie Adamson and Kevin McVicar

### **May Builder Theme: I am a Builder When I When I Respect My Body and Mind**

Making yourself feel good physically is one of the ultimate ways to respect yourself. Treat your body as you would the body of someone you love dearly. Healthy food, exercise, low stress. Respecting your body is an essential aspect of self-respect. The more kindness you show yourself physically, the more internal love you'll feel. Your body is the vessel transporting you around this world and it's up to you to respect it.

Just as you need to respect your body, you also need to respect your mind. Challenge yourself with new experiences and information. Step out of the thinking you're comfortable with and try to find new perspectives. Find resources for information and inspiration — books, websites, people — and soak up all you can. The more you know, the more you can grow. And all that growth will empower you, making it much easier to respect yourself.

By Author: Danni Dipirro

## **SPIRIT WEAR DAY Reward**

Tuesday, May 7th, students who filled in the (pink) White Ribbon Week tracker with their parents may wear spirit wear. Great job to all of the students and parents who made that activity so successful. Your students will bring their tracker home on Monday along with a note with the reminder to wear spirit wear. If you have any questions, please contact your child's classroom teacher.

## **School Lunch - Last Week of School**

Monday, May 27 - No School (Memorial Day)

Tuesday, May 28 - No Kindergarten, Lunch Served (grades 1-6)

Wednesday, May 29 - No Kindergarten, Early Dismissal, No Lunch Served

Thursday, May 30 - No Kindergarten, Early Dismissal, No Lunch Served

Friday, May 31 - Last Day of School, Early Dismissal, No Lunch Served



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All lunches ordered for Wednesday, May 29 and Thursday, May 30 have been canceled and credited to your account.

We have also adjusted the menu - the last week of school we will serve field trip lunches. These will contain a fruit or juice box, vegetable, granola bar or chips, cheese stick, and milk.

## **2nd ANNUAL SUPERHERO FUN RUN: Friday, May 17th, Andy Ballard Arena, 6-8pm**

**REGISTRATION CLOSING THIS SUNDAY (5/6/19) @ 7:00pm MST: [www.irunutah.com/apa](http://www.irunutah.com/apa)**

Help us raise \$20K for security fencing at D1 and D2, final furnishings for D3.

All student race registrants and fundraisers will get their name on the Hero Wall, and individual incentive rewards!

### **REGISTRATION TIPS:**

*There are TWO ways to participate. Choose one or CHOOSE BOTH!*

**OPTION #1: FUN RUN REGISTRATION & FUNDRAISING: [www.irunutah.com/apa](http://www.irunutah.com/apa) -OR-**

Register/Donate at the front office

[1K or 5K, T-Shirt, Cinch Bag, Swag, FM100.3, Food Trucks, Silent Auction, and Race Medals for top finishers!]

Please Note: Registering automatically creates an INDIVIDUAL FUNDRAISING PAGE for you!

**OPTION #2: Create an INDIVIDUAL FUNDRAISING PAGE ONLY and ALSO EARN INCENTIVES! Visit:**

**[www.irunutah.com/apa](http://www.irunutah.com/apa)** and follow 5 easy steps to create your student's personal fundraising page to share with friends and family!

### **FUN RUN VOLUNTEER HELP NEEDED:**

*Interested in volunteering? WE JUST NEED A FEW MORE VOLUNTEERS: Awards, and Set Up. Please sign up at <https://www.signupgenius.com/go/20f0548a5ad23a5fd0-apasuper> -OR- Please email Jill Welch @ [jwelch@apamail.org](mailto:jwelch@apamail.org).*

## **Donations Needed for Our Zambia APA**

Dear American Prep Families-

In June, a group of teachers will be going to Zambia to support our sister school there - Chiyembekezo Academy/African Prep. We need help gathering items to take with us - will you help us gather what we need?

1. What Your \_\_\_ Needs to Know books - all ages. Used books are welcome!
2. Expo Markers (new). We use these for their math facts so the thinner size is better.
3. Awards/small prizes for students (new/used items in good condition)
4. Pocket size dictionaries/small dictionaries (new/used items in good condition)
5. Books for the school library - all ages - story books, novels, readers (new/used items in good condition)
6. Lotions, jewelry, perfume, ties, socks for teacher gifts (new/used items in good condition)
7. Clothes for the children - Girl sizes 3 -16 (new/used items in good condition, washed please)
8. Clothes for the children - Boy sizes 2 -16 (new/used items in good condition, washed please)
9. Backpacks - new/used in good condition
10. EmergenC packets
11. Adult and Children's multi-vitamins



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12. Vitamin C tablets
13. Ibuprofen/Tylenol pills/capsules
14. Neosporin
15. Band-aids
16. Beef Jerky

Each campus will have donation boxes where you can place your items. Thank you for your donations!!!

## **Memorial Day "Buddy Poppy"**

As part of our Memorial Day Celebration, each of our students will be given a "Buddy Poppy" to wear for the day and to take home. These artificial poppies have been a symbol of fallen and wounded veterans since World War II. They are traditionally sold on street corners by veterans, and donations received in return for these artificial poppies have helped over the years countless veterans, widows, widowers and orphans of fallen soldiers. The poppy itself continues to serve as a perpetual tribute to those who have given their lives for our nation's freedom.

Our school will be accepting donations for our veterans until the end of the school year. An envelope will be provided next week for your donations, \$1.00 is the recommended donation. If you would like to donate more to this very worthy cause, please feel free to. Send your envelope to school and give it to your student's teacher or the main office. Your donation will be greatly appreciated. **ALL of these donations will go straight to the Veterans of Foreign Wars, (VFW).**

## **\*\*Family School Organization - FSO**

by Nicole Harman

### **End of the year curriculum help needed:**

It's that time of year again where we get together to pick up books, clean, repair and shelve them. It will again be an all-day affair on Friday, May 24th. Please be there a little before 8:00 am as our first pick up of the day will begin at 8:15 am.

We'll have some healthy snacks for you. If you'd like to bring a lunch or something to share, you are more than welcome. If you can only stay for a few hours, please let me know what times you'll be available in the comments section. Any help is greatly appreciated!

<https://www.signupgenius.com/go/20F0B4BAFAE2DA5FC1-endofschool>

## **\*Volunteer Hours**

Please submit **ALL** your volunteer hours to: [volunteerdraper2@apamail.org](mailto:volunteerdraper2@apamail.org) Some families have stopped reporting their hours after reaching 20 hours. It is important for us to know all the hours our parents have contributed, so please make sure to submit all of them, even if you have already contributed 20 hours. We use this information when applying for grants demonstrating the amazing contributions of our parents to our school. Thank you!

## **THANK YOU FROM CHARACTER DEVELOPMENT**

by Mandy Brown

A huge shout out to thank our many amazing parents who came and helped out during our lunch time activities over White Ribbon Week. We literally could not have done it without you. We are also grateful to the State of Utah and the Utah Coalition Against Pornography for the grant which allowed us to bring



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White Ribbon Week to our students this year, and a very special thank you to our parent volunteer, Laurel Arnold, who was able to coordinate that for us.

## **\*\*Early Dismissal Days**

During the last week of school we will have three early dismissal days (12:15/12:30/12:45). These dates are Wednesday (5.29) Thursday (5.30) and Friday (5.31).

## **Drop Off and Pick Up**

Please keep off your cell phones during drop off and pick up. Two hands on the wheel are always better than one. Thanks for your cooperation!

## **\*Parent Advisory Committee Elections**

We are in the process of creating our Parent Advisory Committee (PAC) for the 2019-20 school year. PAC participates with the administration in developing the Annual School Plan, in deciding how the Land Trust monies will be spent, and other matters important to our students at American Preparatory Academy.

We have 3 parent PAC positions to fill at APA-Draper 2. Parents of students who are employed 6 or more hours per week at the school are disqualified from participating as an elected parent.

The PAC generally meets 3-4 times per year. Members of the PAC will be expected to participate in all of these meetings so that a quorum may be present to conduct business. There are no term limits, so long as an elected parent has students enrolled in the school, is actively participating, and wishes to continue to do so.

These are the anticipated meeting dates, times, and places for the 2019-20 school year. It is vital that you attend all three meetings if you are a member of the PAC. We must have a quorum in order to hold a meeting. Failure to do so may result in the loss of your seat on the Committee.

- 1st Meeting at Draper 2 will be on Tuesday, September 10<sup>th</sup> at 2:00 PM.
- 2nd Meeting at Draper 2 will be on Tuesday, March 3<sup>rd</sup> at 2:00 PM
- 3rd Meeting (Annual School Planning Meeting) - This meeting will most likely be held in August after we get State Testing results back.

If you are interested, please contact Katie Fuller, [landtrust@apamail.org](mailto:landtrust@apamail.org), no later than Friday, May 10th, 2019, at 4:00 pm. *Please include your name, the campus you are running for, a little campaign blurb, your student's name and grade, your phone number and email address.*

- We are holding elections at more than one campus, so it will be very important that you note in your email **for which campus' PAC you are running**. The ballot will go home as the last page of the May 10th newsletter. Each family may vote for three candidates, as we have three positions open. Ballots must be returned to the school before 4pm on May 17th. The candidates who receive the most votes will be posted in the May 31<sup>th</sup> newsletter.

## **Extra Curricular Events!!**

### **James and the Giant Peach Theatre Summer Camp**

Join us for a fun-filled adventure of James and the Giant Peach. Directed by APA Draper 3 Drama teacher, Dana Sanders. \$335.00 for two weeks, July 22nd - August 2nd. Camp times 9:30 am - 12:30 pm.



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We will perform our play on August 1st and 2nd at 7:00 pm. Please see the attached flyer for more information or email Mrs. Sanders at [dsanders@apamail.org](mailto:dsanders@apamail.org).

## **\*\*Sing! Utah Vocal Competition**

Do you have a passion for singing? Have fun, while putting your vocal skills to the test, at the 2019 “Sing! Utah” State Vocal Competition. There are 3 age divisions: ages 4-8, ages 9-13, and 14 and up. The final round will be a concert where the top singers will have the opportunity to sing with a live band, in front of an audience. The purpose of this competition is to teach students about the professional performing arts industries, as well as how to be supportive and encouraging of others in a competitive environment. Video auditions are due on Saturday, June 20th, 2019. [Click here for additional information.](#)

## **COED Youth Skills Basketball Camp!**

Our High School Lady Eagles Basketball coach (Coach Dan Baldwin) is holding a basketball camp for all APA boys and girls grades 1st through 8th. Coach Dan won Region Coach of the Year this last year so come and join in! Please see attached flyer for all the details.

## **Dance Concert**

Come celebrate a night “**ON BROADWAY**” at APA Dance Department’s concert

**Fri./Sat., May 10<sup>th</sup> and 11<sup>th</sup> at 7:00 pm in the D3 Gym.**

It will be an extravaganza of dance and movement featuring our very own Dance Company, Ballroom Dance Company, Ballroom Blast dancers, and other exciting guest performers.

**Purchase tickets online at: [apadance.yapsody.com](http://apadance.yapsody.com)**

Tickets are \$8 for reserved premier seats, or \$5 for general admission. A 10% discount will be given for groups of 5 or more. Ages 3 and up require a ticket. D3 students may present their APA student ID at the door for a FREE general admission seat for themselves. All proceeds will benefit the APA Dance Department. Concessions will be available that evening for cash/check only. Tickets sold at the door will be cash/check only.

## **Love & Logic**

**“All Kids Need Positive and Calm Role Models”**

**Does Love and Logic work with kids who have special needs?**

My answer to this immensely broad and complicated query typically has two parts.

**Yes! Love and Logic works in a wide variety of situations with many types of kids...and adults....because the primary focus is on helping *the user* remain healthy.**

The healthier we remain, the healthier our children and students will become. All kids need positive and calm role models.

The second part of my answer deals with this fact:

**Great parents and educators are great scientists.**

Successful people use the following steps to determine what will work best with each special child:

**1 - Make an educated guess (i.e., “develop a hypothesis”)**

Based on their intuition about what might work best, they begin by experimenting with ***just one*** Love and Logic skill. To repeat, they start with implementing JUST ONE SKILL. Perhaps they start with saying



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calm and repeating, "I love you too much to argue" when their child begins the argue or or start a meltdown.

## **2 - Observe how things go (i.e., "collect data")**

As they observe, wise parents and educators remember that things will often look worse when they begin to use an effective skill. Oftentimes, there is a limited period of greater acting out as kids begin to get used to our new life style. Please give this observation period at least a week or two to evaluate the effectiveness of this skill.

## **3 - Evaluate the results (i.e., "analyze the data")**

Let's say that a parent notices an interesting trend in the data: Her child, who is on the autism spectrum, responds better when she whispers, "I love you too much to argue," than when she says it just slightly louder.

Maybe another parent with a child on the autism spectrum sees that his child responds better when he says no words at all.

Maybe another parent with a child on the same spectrum sees that this technique doesn't work at all.

## **4 - Implement the skill, modify a bit, or go back to step one.**

I humbly submit that no one knows for sure what will work with each unique child with special needs...without running plenty of small and safe experiments.

All in all, Love and Logic has a great track record of working with all kids with special needs. Why?

**Because they need lots of loving patience just like the rest of us.**

Thanks for reading! Our goal is to help as many families as possible.

*Dr. Charles Fay*

To receive the Love and Logic newsletter and tips, go to their website: <https://www.loveandlogic.com/>

## **Fun Run Hero Wall**

What an amazing start to our Fun Run fundraising efforts! Our Hero Wall is being built with the donations of so many of our students and families. Each brick represents all the different donations and registrants for our Fun Run upcoming on May 17th. Everyone that registers before Sunday night at 7 pm, will be guaranteed a t-shirt and swag bag full of goodies.

### **REGISTRATION TIPS:**

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**OPTION #2:** Create an INDIVIDUAL FUNDRAISING PAGE ONLY and ALSO EARN INCENTIVES! Visit: [www.irunutah.com/apa](http://www.irunutah.com/apa) and follow 5 easy steps to create your student's personal fundraising page to share with friends and family!





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