



AMERICAN PREPARATORY ACADEMY

April 12, 2019

Draper 2



UPCOMING EVENTS

Friday, April 19th

District Art Show, 3:30-8:00 pm

WV-2 Campus, 3636 W. 3100 So., WVC, Utah 84120

Friday, April 19th

District Art Show Awards Presentation, 6:30 pm

WV-2 Campus, 3636 W. 3100 So., WVC, Utah 84120

Saturday, April 20th

District Art Show, 9:00 am-12:00 pm

WV-2 Campus, 3636 W. 3100 So., WVC, Utah 84120

Monday, April 22nd

4th-6th grade school Speech Festival, 1:00-2:30 pm Gym

Mon., Apr. 22nd-Fri., April 26th

White Ribbon Week-More details below

Tuesday, April 23rd

K-3rd grade school Speech Festival, 1:15-3:00 pm Gym

Friday, April 26th

Full Day Kindergarten Field Trip, 8:00 am - 1:00

pm

Mon., Apr. 29th - Fri., May 3rd

HERO WEEK!!! *More details to below*

Save the Date - Friday, May 17th

Fun Run - Andy Ballard Arena, 6:00-8:00 pm

For updates, additional event information, and athletic events, please visit our campus website below.

Do you have volunteer hours to report? Go to volunteerdraper2@apamail.org and report them. Thank you for ALL of your help.

From the Directors' Desks

by Cathie Adamson and Kevin McVicar

April Builder Theme: I am a builder when I face obstacles with determination and positivity

Spring is a wonderful time of year to focus on new things. This fits perfectly with our April Builder's



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theme: I am a builder when I face obstacles with determination and positivity. This theme involves thinking of new ideas and not worrying about making mistakes. Think about some things you use everyday that bring you pleasure, or make things easier like your musical instruments, your dishwasher, or your car. What if those things didn't exist because the people who created them gave up when they faced an obstacle? What if the creator of your favorite things decided to give up when it became difficult or challenging?

- Henry Ford failed and went completely broke five times before he finally came up with a car that would work.
- Walt Disney was fired by a newspaper editor for lack of ideas. He also went bankrupt several times before he built Disneyland.
- Louis Pasteur was only a mediocre pupil in undergraduate studies and ranked 15 out of 22 in chemistry before he came up with pasteurization as well as many helpful vaccines.

We challenge you to not let yourself get discouraged, and face your obstacles with determination and positivity. Who knows what YOU may accomplish in the years to come.

2019 Builder's of the Year

Last Tuesday, April 9th, we held our Builder of the Year Assembly. What an exciting assembly! All of our students and staff members were so anxious to hear who the winners for this year were. We were privileged to be able to choose both a boy and a girl from each grade as well as both upper and lower teachers and instructors. Here are the Draper 2 Builders of the Year -

Kindergarten - Zain Ali

Rachael Sagapolutele

1st grade - Nihaan Prasobh

Catie Mitchell

2nd grade - Banner Steinman

Adwita Mandiwal

3rd grade - Marko Jovanovic

Anika Rajeev

4th grade - Kabir Kandukuri

Vaishnavi Kothamasu

5th grade - Calvin Andersen

Gisele Fogg

6th grade - Drew Henrie

Emilee Farmer

Lower Elementary Instructor - Mrs. Tanu Pant - 1st grade

Upper Elementary Instructor - Ms. Brenna Wiscombe - 6th grade

Lower Elementary Teacher - Mrs. Rhonda Foster - 2nd grade

Upper Elementary Teacher - Mrs. Kellie McGrath Wilding - 5th grade

Support Staff Member - Ms. Pam Gibbons - Curriculum

Volunteer - Mrs. Nicole Harman - FSO Leader

Congratulations to all of our Builder of the Year winners. Remember that we ALL are Builders each and every day.

Student Coats & Headbands

COATS - On cold days, please send your students to school with a coat. They need to go outside and enjoy the brisk fresh air. It is good for our student to go out to recess and get some much needed exercise. No students will be allowed to stay in from recess.



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Hair Accessories - Headbands, hair bows and other hair accessories will only be allowed if they are red, white and/or blue. ***Animal ear headbands are NOT allowed.***

***No More Boots For Girls**

Girls will not be allowed to wear boots anymore. If our girls wear boots, they will call home to have you bring them their proper shoes. Thank you so much for your cooperation. In the case of inclement weather, students may wear boots for recess **only** and will need to bring their regular school shoes for the classroom and in the school.

***Academic Update: End of Year Assessments:**

End of year assessments are upon us! Students at American Prep are assessed throughout the year in both homeroom classes and achievement-leveled groups.

If time off school must be taken, please talk to your students' teachers about exact times and dates that the tests will be administered and what the plan will be to get these tests made up.

No absences during this time will be approved by administration.

Please make sure that during these important weeks that students are getting to sleep early so they are well rested and that each morning they are getting a good breakfast. These are a few things you can do at home to help your students be successful.

Re-Enrollment

Bravo APA parents! We are at 75% for re-enrollment. Thank you to all of you who have taken the necessary steps to finalize enrollment for next year. If you haven't filled out your online enrollment forms, please do so ASAP. ***If you have misplaced your re-enrollment code or have any questions with regard to enrollment, please contact our Registrar Lisa Heiner at lheiner@apamail.org.***

Testing!!

Our students will be testing for the next couple of weeks. During this time they will be taking the new state mandated RISE test. **Please make sure that your students are in attendance on the days they will be testing.** If they miss a day, they will be pulled out of class to make up the sections that were missed.

- Your students will need a good, protein-filled breakfast on the days they are taking their tests.
- Please send a water bottle with them so they can stay hydrated during the tests.
- Have your students get plenty of sleep the night before their test so they will be well rested.

Thank you for helping our students shine for their big opportunity to "Show What They Know"!

Your teacher will let you know when your student(s) will be testing.

***Amazon Smile**

Thank you to all who are ordering through AmazonSmile. Amazon Smile donates to various charities. When ordering through this web-site, please choose American Preparatory Education Foundation as your charity. We earned \$875.44 last quarter!! It is so easy to do. Go to smile.amazon.com when you have an order to place through Amazon. It doesn't cost you anything but Amazon will donate to American Preparatory Foundation with each order that you place.

Read-A-Thon



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WOW! What an amazing effort from our students, staff and parents over the past weeks! We have raised over \$7,000 so far on our SNAP fundraising site and have received over 200 books. This is the last weekend to donate on SNAP. Share it with any friends or family.

<https://www.snap-raise.com/fundraisers/american-preparatory-academy-read-a-thon-2019>

It has been exciting to see our students interested in all of the books and so many more students are reading. The additional reading of 20 minutes a day will make a huge difference in the vocabulary and background knowledge of our students. Continue to make reading a priority in your homes and let your children catch YOU reading! We will continue to keep updating our wish list throughout the year. THANK YOU for all your donations!

White Ribbon Week

Coming up April 22nd-April 26th, 2019. This is our very first White Ribbon Week (internet safety) and there will be volunteer opportunities, a parent meeting, and so many great activities for your students! We can't wait! Come be a part of this amazing event... we need lunch time volunteers to help us with our Power Boost activities!

<https://www.signupgenius.com/go/10c0444afae29abfc1-white>

2nd ANNUAL SUPERHERO FUN RUN: Friday, May 17th

Mark your calendars for the 2nd Annual Superhero Fun Run on Friday, May 17th, 2019, 6:00-8:00pm at the Andy Ballard Arena (1600 Highland Dr., Draper, UT 84020). Get excited for another amazing APA community event with Rusty Keys from FM100.3, delicious food trucks (*CupBop, Fiore Pizza, Jurassic Tacos and Kona Ice*) and fun with our silent auction. REGISTRATION OPENS: APRIL 29th - MAY 3rd DURING HERO WEEK. *More details to follow...*

FUN RUN VOLUNTEER HELP NEEDED:

Interested in volunteering? WE NEED YOUR HELP WITH: Trail Marshals, T-Shirt Distribution, Sponsors and Swag, Donations, Silent Auction, Hero Week (April 29-May 3), Awards, Set Up and Clean Up. (****TRAIL MARSHALS GET A FREE EVENT T-SHIRT!**) Please sign up at

<https://www.signupgenius.com/go/20f0548a5ad23a5fd0-apasuper> -OR- Please email Jill Welch @ jwelch@apamail.org.

Family School Organization - FSO

by Nicole Harman

Thank you to everyone who came and participated in our Zupas fundraiser night. It was a huge success! We will receive **\$437.53** from Zupas.

We are still looking for volunteers for the Speech Festival on April 22nd and 23rd. We also need someone to be the Coordinator for the Festival. The Coordinator will prep the judges sheets before the festival and coordinate with the school to make sure that everything is in place for that day. If you are not available both days, I can take one of the days. If you are available please consider helping with this event. Please send any questions to nharman@apamail.org

One of Our Draper 2 Families is in Need of Help



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We wanted to share with you that a 1st grade student's father passed away unexpectedly last Tuesday, while we were on break, at the age of 31. A Go Fund Me account has been set up to help with funeral and living expenses. We are sure the family would greatly appreciate any support we can show them.

Contributions: <https://www.gofundme.com/f/Blake-Warner>

Drop Off and Pick Up

During both our morning drop off and afternoon pick up, please reduce your speed when going around our soccer field, especially in front of our Draper 3 building. The few seconds saved by driving fast are not worth the increased risk to pedestrians and other cars. We appreciate your cooperation in keeping your speeds down to 10 MPH, just like at the airport.

Parent Advisory Committee Elections

We are in the process of creating our Parent Advisory Committee (PAC) for the 2019-20 school year. PAC participates with the administration in developing the Annual School Plan, in deciding how the Land Trust monies will be spent, and other matters important to our students at American Preparatory Academy.

We have 3 parent PAC positions to fill at APA-Draper 2. Parents of students who are employed 6 or more hours per week at the school are disqualified from participating as an elected parent.

The PAC generally meets 3-4 times per year. Members of the PAC will be expected to participate in all of these meetings so that a quorum may be present to conduct business. There are no term limits, so long as an elected parent has students enrolled in the school, is actively participating, and wishes to continue to do so.

These are the anticipated meeting dates, times, and places for the 2019-20 school year. It is vital that you attend all three meetings if you are a member of the PAC. We must have a quorum in order to hold a meeting. Failure to do so may result in the loss of your seat on the Committee.

- 1st Meeting at Draper 2 will be on Tuesday, September 10th at 2:00 PM.
- 2nd Meeting at Draper 2 will be on Tuesday, March 3rd at 2:00 PM
- 3rd Meeting (Annual School Planning Meeting) - This meeting will most likely be held in August after we get State Testing results back.

If you are interested, please contact Katie Fuller, landtrust@apamail.org, no later than Friday, May 3, 2019, at 4pm. *Please include your name, the campus you are running for, a little campaign blurb, your student's name and grade, your phone number and email address.*

• We are holding elections at more than one campus, so it will be very important that you note in your email **for which campus' PAC you are running**. The ballot will go home as the last page of the May 10th newsletter. Each family may vote for three candidates, as we have three positions open. Ballots must be returned to the school before 4pm on May 17th. The candidates who receive the most votes will be posted in the May 31th newsletter.

Curriculum Dates to Remember!

May 3- Last day to check out library books

May 15- All library books due

May 23 - Kindergarten group books due

May 24- 1-6 grade group books due



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Dance Concert

Come celebrate a night “**ON BROADWAY**” at APA Dance Department’s concert

Fri./Sat., May 10th and 11th at 7:00 pm in the D3 Gym.

It will be an extravaganza of dance and movement featuring our very own Dance Company, Ballroom Dance Company, Ballroom Blast dancers, and other exciting guest performers.

Purchase tickets online at: apadance.yapsody.com

Tickets are \$8 for reserved premier seats, or \$5 for general admission. A 10% discount will be given for groups of 5 or more. Ages 3 and up require a ticket. D3 students may present their APA student ID at the door for a FREE general admission seat for themselves. All proceeds will benefit the APA Dance Department. Concessions will be available that evening for cash/check only. Tickets sold at the door will be cash/check only.

Love & Logic

“Is “Consequence” a Dirty Word?”

I (Charles) learned an important lesson about fast food, focus and the finality of many decisions we make. Rushing to my car, I placed the takeout package on the roof, unlocked the car, and pulled into traffic. Perceiving the honking of other drivers as pure road rage, I proceeded upon my way. It was amazing how long the meal clung to the top of my car before it flew under the tires of the F-150 behind me.

Our lives are full of decisions....and consequences. They aren’t punishments. Nobody took my lunch, attempting to make me pay for my lack of focus. It was just a simple result of my lapse.

A few years ago, a tragic event occurred near our homes in Colorado. Some teens thought it would be fun to race around our mountain roads, taking turns “surfing” on the roof of their car. Is it possible these kids didn’t learn enough about the finality of consequences when they were younger?

Some who see themselves as more enlightened in the arenas of caring and compassion experience semi-aneurysms when they hear someone say, “allow kids to experience the consequences of their actions.” These are often people who care very much about kids who have experienced trauma and equate consequences with punishment. They also believe kids with trauma are capablebut not capable enough to learn from their actions. We’re confused. Do we want kids who’ve been hurt to remain victims, or do we want to empower them toward victory and self-esteem?

We agree that punishment, sarcasm, guilt, anger, and other negative practices do not work.

We disagree that consequences (or “results”) aren’t appropriate for kids who’ve had trauma. Their effectiveness just depends on how closely attached they feel toward the adult.

Positive relationships form the foundation of all effective discipline. The safety and security this provides allows all children to begin seeing the connections between their choices, actions, and resulting consequences. Kids who’ve experienced trauma need to experience the results of their actions...even when it doesn’t appear they are making the connection. As they experience the calmness and trust of loving attachment relationships, this cause-and-effect learning will begin to happen.

When delivered with love and empathy, logical consequences help provide accountability. In cases, an element of restitution can give a child the chance to feel like he or she “made it right.” Loving accountability can help kids feel the following:

I’m loved.



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I'm competent.

I can solve problems.

All kids thrive when they embrace these beliefs.

So, we'll charge ahead, continuing to upset those who view themselves as superior to most folks in the area of compassion and intellect. We'll keep holding kids accountable with plenty of empathy and grace, and we will treat them as if they are capable of learning from life's results. We'll just keep helping more families raise kids who raise kids who feel good about themselves and their ability to thrive in this challenging world.

Thanks for reading! Our goal is to help as many families as possible.

Dr. Charles Fay & Jedd Hafer

To receive the Love and Logic newsletter and tips, go to their website: <https://www.loveandlogic.com/>

Don't forget to order your yearbook! You have through Friday, April 12th

PAYMENT FOR YEARBOOKS WILL NOT BE ACCEPTED AT THE SCHOOL.

1 - Go to bellphoto.com

2 - Click on Prepay

3 - Enter school code: [apadraper2yb2018](https://www.loveandlogic.com/)

4 - Click on Start and the gallery will open.