



# AMERICAN PREPARATORY ACADEMY

March 8, 2019

## Draper 2



## UPCOMING EVENTS

Tuesday, March 12th  
Wednesday, March 13th  
Thursday, March 14th  
Monday, March 18th  
Tuesday, March 19th  
Wednesday, March 20th  
Thursday, March 21st

Thursday, March 21st  
Friday, March 22nd  
Tuesday, March 26th  
Thursday, March 28th

Mon., Apr. 1 - Fri., Apr. 5th

Re-Enrollment Meeting 8:30 am and 6:30 pm  
Re-Enrollment Meeting 6:30 pm  
Re-Enrollment Meeting 8:30 am and 6:30 pm  
Reading University Deadline  
Re-Enrollment Meeting 8:30 am and 6:30 pm  
Re-Enrollment Meeting 6:30 pm  
5th grade Ambassador event Western Hoe-down  
12:30-3:15 pm  
Re-Enrollment Meeting 8:45 am and 6:30 pm  
Late Work Deadline  
Cafe Zupas Reward Night 5:00-9:00 pm. See Flyer  
6th grade Ambassador event Western Hoe-down  
12:30-3:15 pm

***Spring Break!! No School***

*For updates, additional event information, and athletic events, please visit our campus website below.*

### **From the Directors' Desks**

by Cathie Adamson and Kevin McVicar

**March Builder Theme: I am a Builder When I Quickly Acknowledge Mistakes and Humbly Make Amends**

**The power of making amends** - What's the difference between an apology and making amends? "I'm sorry" is a common attempt to fix things. But the apology doesn't work if it becomes a pattern. Saying



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“Sorry” can feel like the person wants you to forget about what happened without having to make it right.

Making amends means acknowledging your behavior and taking responsibility for it. This takes courage, humility, and a sincere desire to change. Letting go of pride and ego makes this a challenging task. When you avoid acknowledging your mistakes, they fester into guilt and remorse. Those feelings impact how you feel about yourself. You end up trying to avoid the other person because it hurts to face them.

## **Benefits of Making Amends**

- You experience a sense of emotional relief.
- You feel good about yourself for having the courage to face it.
- It repairs the relationship and can restore trust.
- It gives you a sense of resolution to an unfinished situation.
- Handling old hurts this way decreases worry and stress

## **\*Re-Enrollment Meetings!!!**

We will hold our returning family Re-Enrollment meetings on the following dates and times. If you plan on returning to Draper 2, you ***MUST*** attend one of these meetings to pick up your registration information.

***Please be on time***, the doors will close promptly at meeting time. If the doors are closed, you will need to come to different meeting.

If you have any questions, you may email Kevin McVicar [kmcvicar@apamail.org](mailto:kmcvicar@apamail.org) and/or Cathie Adamson [cadamson@apamail.org](mailto:cadamson@apamail.org).

***Please plan on attending one of these meetings!! Your paperwork will NOT be able to be picked up by anyone else. You MUST be in attendance to receive your students re-enrollment information.***

**Tuesday, March 12th, 8:30 am or 6:30 pm**

**Tuesday, March 19th, 8:30 am or 6:30 pm**

**Wednesday, March 13th, 6:30 pm**

**Wednesday, March 20th, 6:30 pm**

**Thursday, March 14th, 8:30 am or 6:30 pm**

**Thursday, March 21st, 8:45 am or 6:30 pm**

## **National Geography Bee**

**CONGRATULATIONS** to Riley McGee, 5th grade, Ms. Gray’s class, qualified for the state geography bee. Woo Wee!! Way to be!!

## **Read-A-Thon**

Next week, we will be starting our Read-A-Thon, promoting reading, while also raising money to buy more books for our classroom libraries. At American Prep, we do not have a central library. Our “library” is distributed throughout the school in each individual classroom. This way we can get the books directly to students as quickly as possible. Having so many classrooms requires having many copies of the same book so that all classroom libraries have as many high quality book choices as possible. We are excited to have a Read-A-Thon to promote more time spent reading while also raising money to buy books for our classroom libraries. All the exciting details will be coming next week!

## **FUN RUN 2019 - FRIDAY, MAY 17th**



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Mark your calendars for the 2nd Annual Draper District Fun Run on Friday, May 17th, 2019, 6:00-8:00pm at the Andy Ballard Arena (1600 Highland Dr, Draper, UT 84020). Get excited for another amazing APA community event with Rusty Keys from FM100.3, delicious food trucks and fun with our silent auction. *More details to follow...*

## **IMPORTANT YearBook Information!!!**

**Important!!** If you ordered a yearbook for your student from LifeTouch, **you have ordered a yearbook for the Draper 1 campus.** Please contact me - [mminson@apamail.org](mailto:mminson@apamail.org) so we can get you a refund.

Draper 2 is publishing our yearbook using Bell Photography and you can order from them at: [bellphoto.com](http://bellphoto.com), click on "PREPAY" and our school code is: [apadraper2yb2018](http://apadraper2yb2018)

## **APA D3 Drama Department presents:**

**12 Angry Jurors.** Friday, March 8 and Saturday, March 9

A man's life hangs in the balance as 12 jurors debate the issue of his guilt! Will they weigh the evidence or simply rubber stamp his death sentence?

Come join us for this journey of the classic story of justice, of evaluating evidence rather than personal agenda, of embracing appeal of logic over personal attack.

\$5.00 regular admission, **D2 Multi-Purpose Room**, 7:00pm

## **How and where do they get tickets?**

## **\*Grades K-6: Academic Update - Olympics:**

During Term 4 our elementary students participate in the APA Olympics. The students are judged in their homerooms in different categories. Some of these categories are Choral Responding, Class Lines, Lunch Behavior, Participation, Learning Positions, Attendance, and Cleanliness. Each category is judged out of 10 points and the students are given scores weekly. At our weekly assemblies the top 3 winners in each category will be displayed. This is a fun event to motivate our students as we are getting close to the end of the school year!

Encourage your students to GO FOR THE GOLD!

## **IMPORTANT ANNOUNCEMENT REGARDING STATE TESTING:**

Academic Update:

End of year assessments are upon us! Students at American Prep are assessed throughout the year in both homeroom classes and achievement-leveled groups. At the end of the year, two kinds of assessments are given: assessments that are required by the state of Utah and assessments that are required by American Prep to make sure that students have reached the academic levels needed to be promoted to the next grade.

The state of Utah requires students grades 3-6 to take the RISE test (previously SAGE). These are computer-adaptive tests that are based on the common core standards that Utah has adopted. Students will be tested in Math, Language Arts, and Science; 5th grade students will also take a writing test. These tests are given to students in grades 3-6 from April 15<sup>th</sup>– May 17<sup>th</sup>. Please make sure your students are in attendance these days.



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All American Preparatory Academy students grades 1-6 will also take the Core Knowledge Tests. These are paper-based tests that are on curriculum that students learned throughout the year. Students will be tested in History, Science, Language Arts, and Math. To study for these tests have your students review from their "What Every \_\_\_ Grader Needs to Know" book. These tests will be taken from May 13th - May 31st.

If time off from school must be taken after April 15, please talk to your students' teachers about exact times and dates that the tests will be administered and what the plan will be to get these tests made up. **No absences during this time will be approved by administration.**

Please make sure that during these important weeks that students are getting to sleep early so they are well rested and that each morning they are getting a good breakfast. These are a few things you can do at home to help your students be successful.

## **Family Support Organization**

By: Nicole Harman

Thank you to Lacey Anderson and Sarah Zasukha for their help in planning Staff Appreciation Week. Also, thank you to Shanynn and Eric Steinmann for creating many of the fun decorations you saw around the school. I greatly appreciate everyone who donated their time and resources to help make Staff Appreciation Week amazing. I could not have done it without your generosity! The school looked amazing and the staff appreciated the daily thank you's that were made possible through your help. I would also like to thank the following businesses for their donations; Chili's, Sweet Tooth Fairy, Swire Coca Cola, Frito Lay and Fiiz (the Taylorsville Location). Also thank you to Cupbop and the Song family and Tya Nelson from Padicakes for providing a wonderful lunch and dessert at the staff luncheon.

Our classroom libraries are in need of new books so we will be holding a spirit night at Cafe Zupas in Draper. Please join us on Tuesday, March 26th from 5-9pm. More information will be made available in the next few weeks.

## **Character Development**

by Mandy Brown

Yee-haw! Y'all, we can't wait for our upcoming Western Round Up events for our 5th and 6th grade students. The dates and times are as follows:

**5th Grade:** Thursday, March 21st from 12:30 until 3:00

**6th Grade:** Thursday, March 28th from 12:30 until 3:00

Students may bring "western" gear to put on at the time of the party (bandana, cowboy hat) if they desire.

Parents, we'd LOVE to have your help!

**5th Grade:**

<https://www.signupgenius.com/go/10C0444AFAE29ABFC1-western>

**6th Grade:**

<https://www.signupgenius.com/go/10C0444AFAE29ABFC1-western1>



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## **Carpool Corner**

Many of the same courtesies and safety protocols that should be observed on the roads also should be extended into our drop-off and pick-up times at American Prep. Please use your signals when dropping off and picking up. It helps our staff and the other drivers know what your intentions are: Please do not try and drive while holding a cell phone in your hand. We see many parents that are pulling away from a curb while holding a cell phone. Please put the cell phone down when driving so that both hands can be on the wheel, especially when dropping off or picking up your student.

## **\*Girls on the Run!!**

It is time to sign up for Girls on the Run!! This wonderful program is available to girls 3rd - 6th grade here at the Draper 2 building. Girls on the Run will be held on Wednesdays and Thursdays 2:15-3:45 pm.

Along with running, there is a self-esteem component that is amazing for girls to participate in. The program will begin on Wednesday, March 13th and culminate with a buddy run on or about June 1st. Sign up for fun and friendship at the website below -

<https://www.raceplanner.com/register/index/GOTR-Utah-Spring-2019-Program-Registration?sid=9c1826ce7c294e17b9bc5c2ec6238631>

## **Love & Logic**

### **"Do I look Weak?"**

Teachers and parents sometimes express the following worry: "When I calmly delay a conversation or a consequence *instead* of squashing defiance (or other frustrating misbehaviors), do I look weak? If I don't bring the wrath in that moment, will kids or adults that are watching think I'm a pushover?"

No. No, they won't.

Imagine this: You're in a restaurant enjoying a lovely meal. But some lady at the table off to your right is having the opposite of a lovely meal. And she's bringing the wrath. She's getting louder. She wants to see the manager. Somebody is going to pay for this! She gets more and more red faced and threatening.

As you watch her, what is going through your mind? She's so powerful? She's so impressive? You wish you could rant and rave like that?

Probably not. You're probably thinking that she ought to control herself and calm down. You're probably the opposite of impressed.

**Self-control is actually a form of strength.** There is so much more power in the ability to keep our cool that there is in yelling, threatening, and lecturing.

Some people even repeat this phrase to themselves in moments when they need to remember to remain calm: "Anger and frustration feed misbehavior. Anger and frustration feed misbehavior....."

Put your mind at ease. You don't lose an ounce of power when you choose not to yell or "drop the hammer" in the heat of the moment - you **gain power**. By staying calm and creating a more thoughtful response, you are enhancing your authority as an adult/leader. You can do this!

Thanks for reading! Our goal is to help as many families as possible.

*Jed Hafer*



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To receive the Love and Logic newsletter and tips, go to their website:

<https://www.loveandlogic.com/>

## **Art Haven Spring Classes**

Please see the attached flyer to get information about the Spring Art Haven class that will be starting April 10th, the week after we return from Spring Break. Online registration is now open.

<https://campscui.active.com/orgs/ArtHaven#/selectSessions/2620706/filter/session=42526406>.

This fun Wednesday after school activity is available to students kindergarten through 6th grade.