



AMERICAN PREPARATORY ACADEMY

January 25, 2019

Draper 2



UPCOMING EVENTS

Tuesday, January 29th

Parent Empowerment Night, 6:00 pm
Draper 3 Choir room

Wednesday, January 30th

5th grade Maturation Program
6:00 pm Boys 7:00 pm Girls

Friday, February 1st

Volunteer Breakfast, 7:45 - 8:45 am

Monday, February 4th

Reading University Deadline

Wednesday, February 6th

Missing Work Deadline

Mon., Feb. 11th - Fri., Feb. 15th

Staff Appreciation Week

Mon., Feb. 18th - Fri., Feb. 22nd

Mid-Winter Break - NO SCHOOL

For updates, additional event information, and athletic events, please visit our campus website at:

<https://draper2.americanprep.org/>

From the Directors' Desks

by Cathie Adamson and Kevin McVicar

January Builder Theme: I am a builder when I think positive thoughts about myself and others.

The Post-It Note Strategy to Positive Thinking!

'When I was young I looked forward to the spring of the year. As the weather warmed, I was ready for baseball to begin. Like most young boys, I would wish that I could become a great baseball player. I am reminded of a story about a very young boy with similar dreams. With the desire to become the next mighty ballplayer, he decided to go outside and practice. He held the baseball in one hand and the bat in the other, and he threw the ball into the air. With a wish to hit the ball as far as he could, he took a great



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swing, but the ball fell to the ground without even touching the wood of the bat. Not to be denied, he went at it again. As he was about to throw the ball in the air, his determination grew as the thought of a powerful hit came into his mind. But alas, the results were the same. The ball lay on the ground. But as any good ballplayer knows, you have three strikes before you are out. He concentrated even more, threw the ball in the air, and gave the mightiest swing he had ever attempted. As the ball again fell to the ground, the tears began to swell in his eyes. Then all of a sudden a great smile appeared, and he said, "What a pitcher!"

-James B. Martino

Academic Update – Intervention Parent/Teacher Conferences

It has been a great 2nd term at American Prep! Thank you for sharing your wonderful students with us. We appreciate having you as part of our American Prep family.

At this time each year, we carefully look at all the progress being made by each student. This is the time that we start making plans and setting goals to ensure that each student is on grade level before the end of the year. Benchmarks and promotional guidelines for each grade are set in place to help us determine the success of a student from year to year.

If your student is not meeting this benchmark you will be contacted to meet with your student's teacher for an intervention PTC. At this meeting you will discuss what needs to be done for your student to meet the promotion guidelines by the end of the year.

This conference is by teacher request only and is made on an individual student basis. If you have questions about promotional guidelines please contact your student's teacher.

Parent Empowerment Night

Come to our Parent Empowerment Night!! The focus is on addiction. We will also cover electronic and gaming addiction.

Renaissance Ranch is coming to present on **Tuesday, January 29th at 6:00 pm** in the Draper 3 Choir room. We will discuss the following:

- What is "addiction" (of any kind) and what puts it into the medical "disease" model?
- How can one avoid addictions of any kind?
- How does one recognize an addiction?
- What to do if you recognize you or a loved one might be ensnared in an addiction
- Stories of a few people in recovery from addiction
- Field questions

Presenters will be:

Christian Smith, co-owner of Renaissance Ranch and in recovery.

Alema Harrington, SUDC (Substance Use Disorder Counselor), Voice of the Utah Jazz and in recovery himself.

Kim Patience, Recovering addict/alcoholic, admitting specialist at Renaissance Ranch

Jon Redd, Recovering addict, SUDC, specializing in helping people get help for addictions.



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***Family Support Organization - Volunteer Opportunities**

By: Nicole Harman

Staff appreciation is only TWO weeks away and we are still in need of help putting the daily thank you's together, decorating our great school and helping with the staff luncheon on February 14th. All of the supplies for the daily thank you's will need to be picked up on Friday, February 1st either between 8:00-9:00 am or 1:30-3:00 pm in the lobby at Draper 2 and returned to the school no later than February 7th.

<https://www.signupgenius.com/go/70a0d4ea8ab2fa4fe3-volunteers>

There are still around 25 staff members whose doors have not been signed up for. If you can help, PLEASE sign up. We want all of the staff to feel loved and appreciated. If you need ideas, try googling "around the world" teacher appreciation ideas.

<https://www.signupgenius.com/go/70A0D4EA8AB2FA4FE3-door>

If you have Boxtops, we'd love to take them off your hands! Please turn all Boxtops into your teacher or the front office by Friday, February 1st.

****Volunteer Breakfast**

Have you contributed 20 hours to the school already? If so, please come to our Volunteer Breakfast, Friday, Feb. 1st from 7:45-8:45 am to enjoy some breakfast provided by our administrative and FSO staff and get a volunteer lanyard. These volunteer lanyards are a way for us to know and recognize the many parent volunteers that make our school so great! Even if you have not recorded your hours, please come so we can help get your hours recorded and also get your Volunteer Lanyard. We are excited to share these new lanyards with our many parent volunteers.

Have you not yet contributed your volunteer hours and want to know how to get involved with our school? Then please come to our Volunteer Breakfast. There will be breakfast provided by our Administrative and FSO staff and tables where you can find out more about the different volunteer opportunities in the school. Come join us for breakfast, meet other parents and find out ways to become involved!

****Vision Screenings**

We will be conducting vision screenings for all students on February 7, 2019, at the D2 Campus. The students will be given a distance vision test to see if they can see at a 20/30 level. If a student fails, you will receive a referral letter with more instructions.

Vision screening is not a substitute for an eye examination by an eye-care specialist, and it is important that your child see an eye-care specialist once a year to evaluate eye health.



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If you do not wish your child to participate in the screening program, please pick up an exemption form at the Elementary Office.

We need LOTS of parent volunteers to assist with vision screenings. A short 5-minute training is provided, and this is a great way to get in your volunteer hours! This is not a volunteer opportunity that will work to bring small children.

Please contact Karen Thelin at kthelin@apamail.org or 801-494-7446 with questions or if you are available to volunteer, or sign up on the signuption link here-

<https://www.signuption.com/go/70A054DA9AA2BA2FD0-d2vision>

Character Development

by Mandy Brown

Our Ambassador "Celebrate" events were a great success last week (5th grade) and yesterday (6th grade)! Students were able to practice and master very important skills about how to be a good guest at a party. Students learned:

- *how to serve and cut food appropriately;
- *how to work together as a team;
- *how to use their Voice for good; and
- *how to enter into the spirit of the party.

Thank you to all parents for your support by making sure your student could attend these events. A big thanks to all of our amazing parent volunteers! These events would not be possible without you or your students!

5th grade parent volunteers: Tori Anderson, Joseph Arulanandam, Shayna Cerny, Angela Cloyd, Todd Friedli, Neha Gupta, Shana Hawes, Trinette Krebs, Kathy Larrabee, Candice Lee, Athulya Manoj, Jeanette Meisenbacher, Kristen Mukhar, Stacie Petersen and Annie Wolfe. **You're the best!**

Do you have a student who serves? We are always looking to feature our amazing students on our Builders Bulletin Board. Please send pictures/stories to Mandy Brown if you want to share your students' generous hearts with our school. mandy.brown@apamail.org

Carson Smith Scholarship Program

The Carson Smith Special Needs Scholarship Program (CSS) is a parent choice model for Utah residents that provides tuition assistance for eligible special needs students enrolled in eligible private schools. The scholarship is for students who would qualify for special education and related services in public schools, preschool through 12th grade (3-21 years of age), whose parents choose an eligible private school. For more information on this program please use the link below.

<https://www.schools.utah.gov/specialeducation/resources/scholarships>

New Lunch Menu

Parents - it's time to order lunch for February. In fact, you can order until the end of the year! Our new menu includes kid-pleasing favorites like PIZZA, MINI TACOS, CHICKEN NUGGETS, and CORN DOGS. We still serve green salads, pasta salads, muffin/yogurt packs, and hoagies. Follow this link to order:

<https://apalunch.h1.hotlunchonline.net>



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Please email lunch@apamail.org if you need assistance.

Transfer Link!!

It is time for families to request transfers. If you would like to go to another campus, please go to this link to make your request. Transfers will be filled on a first-come, first-served basis.

<https://goo.gl/forms/RClNqf8hc7u2HIXx1>

Carpool Corner

In our busy lives and trying to get from place to place, we can get in such a hurry that we might decide to do things that are not recommended or even safe. Please avoid turning left into or out of our property during peak carpool times or anytime that there is a line of cars behind us. The extra wait time that it takes for traffic to clear creates unnecessary delays for all of those parents patiently waiting behind us. Please be considerate of all those parents exiting our property and turn right during peak carpool times.

Love And Logic -

Helping Kids Learn from Mistakes

Have you ever ruined a really good lesson with an “I told you so”? I know I have. Human nature just makes it difficult to resist “sharing our wisdom” at the wrong times.

Here are some thoughts on helping kids learn better from their own mistakes as well as learning from *our* mistakes.

The short version is: Save the “I told you so!” for when *you* mess up (lecture yourself out loud about what you learned) and pour on the empathy (mostly silent empathy) when kids make mistakes. This is not always easy to pull off, but kids tend to learn best from their own mistakes when we resist the urge to do a lot of explaining about what they *should* be learning.

It’s amazing how human beings, once told what they should be learning, resist the lesson. The focus can shift to the power struggle over whether or not they are going to learn (or not).

Again, the experiment is simple:

- 1) When *you* mess up, talk out loud (within range of their ears) about what you learned and how you aspire to do better next time.
- 2) When *they* mess up, resist the urge to say “I told you so” and let empathy and the results do most of the teaching.

You can learn more about these ideas in Dr. Charles Fay’s incredibly helpful book ***Parenting for Success***.

Thanks for reading! Our goal is to reach as many families as possible.

Jed Hafer

To receive the Love and Logic newsletter and tips, go to their website:

<https://www.loveandlogic.com/>



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****YEARBOOK 2018/2019!!**

Come one, come all, get your Draper 2 Elementary yearbook!! Yearbooks are now on sale.

Cost: **Pre-sale pricing now through March 3, 2019:** **March 4, 2019 through April 12, 2019:**

\$15.00 - soft cover

\$20.00 - soft cover

\$20.00 - hard cover

\$25.00 - hard cover

ONLINE ORDERS ONLY!!!

PAYMENT FOR YEARBOOKS WILL NOT BE ACCEPTED AT THE SCHOOL.

1 - Go to bellphoto.com

3 - Enter school code: apadraper2yb2018

2 - Click on Prepay

4 - Click on Start and the gallery will open.