

March 30, 2018
NO SCHOOL – Spring Break
Return to school 8:15 am & NO MORE BOOTS FOR OUR GIRLS.
District Art Show 5:00-7:00 pm WV-2 Campus, 3636 W. 3100 So., WVC, Utah 84119
District Art Show 9:00 am - 12:00 pm WV-2 Campus, 3636 W. 3100 So., WVC, Utah 84119
Last day to order your Yearbook!!
Classroom speech Festivals
6 th grade field trip to Hale Theatre
6 th grade transition meeting at D-3 1:00-2:00 pm More info to come through 6 th grade teachers.
1 st Grade Field Trip
4-6 Grade SAGE testing
3 rd Grade SAGE testing
K-3 rd grade Speech Festival – Gym 1:00-2:00 pm
4-6 grade Speech Festival – Gym 1:00-2:00 pm

For further information about activities and events, please visit our website <u>http://draper2.americanprep.org/</u>

<u>Builder Theme for March – "I am a Builder When I am Willing to Try and Believe in</u> <u>My Ability to Succeed"</u>

Belief is a fascinating notion! What is it exactly? It's confidence. It's assurance. It's courage. It's tenacity. It's expectation. *Belief is powerful!*

<u>Belief</u> shapes your life experiences as a result of all of the many ideas that you gather and make yours throughout your lifetime. Then when you truly believe something inside, it becomes part of you and your choices. It creates your character!

Remember beliefs can be either limiting or empowering, but only when you believe that they are. You build yourself better as you change old beliefs that don't help you with new ones that impact your life in a positive way. The truth is, there are no real barriers or limitations - only belief. Once you realize this, the door to unlimited possibilities swings wide open and you will feel empowered to succeed at anything you set your mind to.

Consider this example. For many years scientists believed that *it was impossible for a human being to run one mile in under 4 minutes*, and everyone believed them. But in 1954, English athlete Roger Banister adopted a new belief; he believed he could break that record--and he did! He became famous after breaking the limit of the 4-minute mile run. Roger Banister participated in the Vancouver Olympic Games, finishing first at 3 min 58.8 sec, which earned him recognition in the <u>Guinness Book of Records</u> and the Sportsman of the Year award.

The interesting thing is that once others saw that this was not only possible but highly probable, a new paradigm - a new belief- emerged. After Mr. Banister changed his belief, thirty-seven runners also believed they could do it too and went on to break the same record in that same year! Today, many



more athletes have done the same –and better- since. Think about what this means! It all started with Roger Banister's *belief*.

Now that you know this... what if I told you that you can succeed at anything you put your mind to ONLY by allowing yourself to believe? Do you believe me?

adapted from http://www.tools-for-abundance.com/Belief.html

Boots

When we return from Spring Break, Monday, April 9th, our girls will no longer be able to wear boots during the school day. They may wear them to school and then change into their regular uniform shoes. Thank you so much for your cooperation.

6th Grade Sporty Book Challenge

The sixth grade is getting sporty with a new book challenge! Students reading at least four books from the list by May 4th will attend an extra fun "sporty" event put on by our great P.E. teachers. All books have a sports' theme and many are appealing to both boys and girls. All will count toward RU reading. Most books are available at the school and the SLCO Public Library.

CONGRATULATIONS!!!!

In the state of Utah, 1,000's of students compete in the science fair. On Friday, March 23rd, the winners of the state level of this competition were announced and two of the winners are Draper 2 students!!

Krithika Parsawar took second place in Medicine and Health Sciences and Grace Warner placed third in Behavior and Social Sciences. Grace has been invited to compete with the top 2,500 students in the nation at the Broadcom MASTERS competition.

CONGRATULATIONS to both of these amazing 6th grade students!! Good luck to Grace as she goes on to represent APA in this next level of competition.

Grade Level Culminating Events

Thursday, May 10 th	6:00 pm
Tuesday, May 15 th	6:00 pm
Thursday, May 17 th	6:00 pm
Monday, May 21 st	6:00 pm
Tuesday, May 29 th	6:00 pm
Wednesday, May 30 th	6:00 pm
	Thursday, May 17 th Monday, May 21 st Tuesday, May 29 th

Spring Field Trips

1 st grade	Friday, April 20 th
4 th – 6 th grade	Friday, May 11 th
2 nd & 3 rd grade	Friday, May 18 th

CARPOOL CORNER!!

Thank you to all the parents that have attended our enrollment meetings and are reducing their speed on campus and are turning right during our peak carpool times. Remember that we are allowed to use the far right lane on Lone Peak Parkway when exiting our property. Thanks for your cooperation.



From Character Development

Ms. Jackson and Mrs. Brown have seen 54 Builder pins since we started watching for them a few weeks ago! Keep it up!

We hope you have a wonderful spring break. Be thinking... who will our mystery guest be when we get back to school. Hint: It's someone who uses kind and courteous words!

New School Lunch Policies

Ordering Lunches for April and May

We are making some changes in how school lunches are ordered. In the past, you could order anytime. **Now you will only be able to order during the following weeks**:

If you do not place your order during the ordering week, we cannot guarantee your child a lunch.

- March 26 30
 - Order lunches for April and May
 - Extended Deadline! April 4 last day to place orders for April
- April 16 20
 - Order lunches for May
 - April 20 last day to place orders for May

https://www.americanprep.org/school-lunch-program/

Absences

It is very helpful if you can let the lunch staff know if your child will be absent, especially if it will be for more than one or two days. Please contact your school lunch manager.

Cancellations

Any lunches cancelled with at least 48 hours notice can be credited to your school lunch account. No cash or credit/debit refunds.

Our lunches are made 24 hours in advance, so we cannot cancel with our vendor unless we have at least 48 hours. Cancellations must be confirmed via email to the school lunch manager.

Heroes for Zambia

As you may know, Friends of APA helps to support an American Preparatory Academy in Zambia, Africa. Unfortunately, the school has been closed due to a cholera outbreak because of inadequate bathrooms.

A dedicated and talented APA parent, Jill Welch has graciously volunteered to lead us in raising \$20,000 to provide the school with sanitary latrines. We are SO excited and appreciative!

"Heroes for Zambia" is an individual student fundraiser April 30th-May 4th AND a Fun Run on May 18th at Andy Ballard Arena in Draper.

From April 30th-May 4th, students can contact their friends and family to donate to Heroes for Zambia. When students reach certain donation levels, they can earn rewards like free sock day, Spirit wear day, casual dress day (yes, it's true!), free homework passes, etc. For example: If a student earns \$20, he/she may earn jean day, spirit wear day and free sock day.

On May 18th, we will gather as a community and celebrate at our Fun Run/Silent Auction. You must register for the race to run. Students who register for race automatically achieve the \$5 incentive level to wear free sock day and are able to wear their T-Shirt to school on Friday, May 18th, the day of the race.



Please save these dates and plan to participate! If you have any questions, suggestions, sponsors, or TIME to volunteer, please email Jill Welch at <u>kjillwelch@gmail.com</u>.

Calendar 2018/2019

Please follow this link for the updated 2018/2019 calendar. We made a minor change, pushed the last Parent Teacher conferences to the end of April instead of the beginning of March. <u>https://draper2.americanprep.org/calendar/</u>

COMCAST CARES DAY

We are SO EXCITED to share this GREAT news with all of you! Every year, Comcast has a day of service called "Comcast Cares Day". On Saturday, April 21st, Comcast employees and their families will again join with volunteers from the community to do service projects all across the state! It is an amazing, generous gift that Comcast gives to communities each year.

This year, OUR AMERICAN PREP-WV1 CAMPUS has been chosen to be a site for a Comcast Cares Day! (Thank you to the Workman family for recommending us!) What an honor this is--and what a tremendous opportunity! The team leads for our Comcast Cares Day have already visited our school to get ideas of what projects could be done to clean, beautify and improve our school. We gave them our wish list! Comcast's generosity is unbelievable—not only will they organize projects for our school building and grounds, but they will provide the supplies to complete the projects! Not only that, they will donate back to our school for <u>every</u> volunteer that comes—both theirs and ours! Additionally, they will have donuts and pizza and t-shirts for everyone that signs up! YES! WE ARE <u>SO</u> EXCITED! Our goal is to have 600 volunteers sign up for our Comcast Cares Day—which we know we can do. When we think of all the potential volunteers that might join us, we could easily exceed that number! Talk to everyone you know—cousins, aunts and uncles, neighbors, church youth groups, therapy groups, families from other APA campuses, strangers you meet in the grocery line—everyone you can think of! Along with our APA staff and our wonderful parents and students, we will astonish Comcast with the enthusiastic turnout of volunteers we will provide!

Pull out your calendars and clear the morning of Saturday, April 21st to come and participate! Check your communication envelope for a flyer and a form to register. Each adult needs to fill one out, but children under 18 can be included on the same form. We will have extra copies available at the front office. Take all you need! Let's start building our remarkable team of volunteers! We are so grateful to be part of this great APA community!!

District Art Show

This year's District Art Show will take place on Friday, April 13th, from 5pm-7.30pm and Saturday, April 14th, from 9am-12pm at our West Valley 2 campus (3636 S. 3100 W., WVC, UT, 84120) in the multipurpose room.

It will feature a selection of student's artwork from grades 1-12. This is a juried show and there will be some awesome prizes awarded to every age range. If your child's art work is in the show, they will be given a letter by their art teacher to let them know that they have been selected.

Prizes will be awarded at 6.30pm sharp. It shows off our students' talents, hard work and achievements in their art classes this year. We appreciate your support and hope to see you there!

Got Hours??

Check out the FSO Bulletin Board just outside the Multi-Purpose Room. We love recognizing our amazing parent volunteers! Submit your hours to <u>volunteerdraper2@apamail.org</u>. We would love to see your name there too!



YEARBOOK 2017/2018!!

Our yearbook is planned to include all color pages and a sturdy soft cover. If you would like to order a hard cover, there will be a minimal additional cost.

Yearbook Pricing – After 2/26/18 & before 4/16/18 (Last date orders will be accepted.)

Soft Cover - \$15.00 Hard Cover - \$20.00

Order online at <u>YBPay.lifetouch.com</u> with the Yearbook ID code: 13453318

Pictures For The Yearbook

Do you have pictures you would like to have considered for our Yearbook? If so, please send them to the following email address and our Yearbook committee will look at them to possibly add to our Yearbook. <u>d2yearbook@apamail.org</u>

APA Sports!!

<u>6th Graders Invited to Cheerleading Tryouts</u>

All students currently in 6th grade, that will be attending D3 next year, are invited to try out for the Draper APA Cheerleading Team. Do not miss the Student and Parent Information Meeting in order to learn more about the team and receive the paperwork required to try out. Please plan on getting a physical prior to the tryout date. Let's go, Eagles!

- Student and Parent Information Meeting: Tuesday, April 17th (6-7 PM) @ D3 Choir Room
- **Cheer Tryouts:** Monday, May 14th (4-7:30 PM) AND Tuesday, May 15th (4-7:30 PM) @ D3 Gym You must attend BOTH days of tryouts

Love & Logic Tip of the Week

"Keeping it Simple"

Do great parents use a large variety of good parenting skills? Not typically!

Great parents don't overwhelm themselves by trying to use every trick in the book. Instead, they rely on a small number of skills yet apply them with consistency.

If you're feeling overwhelmed by your kids, could it be that you're trying too hard to do too many things? Might it be time to get back to the basics?

What are these "basics"? Listed below are the top three I've observed from my experience with thousands of truly great parents and educators:

1 – They demonstrate unconditional warmth and love.

Kids feel this magical type of love when their parents spend plenty of time with them and focus on their strengths, and when their parents display empathy instead of anger or sarcasm when things go wrong.

2 - Their "yes" is always "yes" and their "no" is always "no."

Great parents are extremely careful to set only the limits they know they can enforce. They remember this important rule for setting limits:

Never tell a stubborn child what to do.

Instead, describe what you will do or allow.

Would you like your kids to believe that every word you say is important? If so, learn about Enforceable Statements in our audio: "Love Me Enough to Set Some Limits."



3 – They allow their kids to experience the logical and natural consequences of their decisions.

Isn't it hard to watch our kids struggle with the consequences of their mistakes? While it breaks our hearts at times, allowing them to learn in this way gives them a tremendous advantage as they grow. They develop respect, responsibility and a good grasp of good old-fashioned common sense.

The key, of course is to display empathy rather than anger. If you ever find this difficult, listen to our audio: "**Keeping Cool when Parenting Heats Up.**"

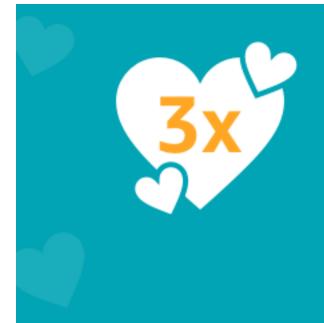
Raising great kids really can be a joy when we remember that we don't have to overcomplicate things with too many skills and too much theory. Keep it simple and enjoy your kids.

Thanks for reading! Our goal is to help as many families as possible. If this is a benefit, forward it to a friend.

Dr. Charles Fay

<u> Amazon Smile Program!!</u>

3x your impact! Amazon is **tripling the donation rate** on your first AmazonSmile purchase - through March 31! Go to <u>smile.amazon.com/ch/45-4568023</u>, not the regular Amazon site. **Choose "American Preparatory Education Foundation" as your charitable organization** and Amazon donates to our school. Merchandise and prices are the SAME!



Now your support goes 3 times as far

From Mar 12 – 31, Amazon will triple the donation rate to 1.5% on your first eligible purchase at smile.amazon.com.

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