

APA/ Ideal Lunches 20 Day Menu Cycle

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1	Chicken Tenders with Dipping Sauce or Alternate Entrée	Tex-Mex Pasta Salad or Alternate Entrée	Ham and Turkey Deli Sandwich or Alternate Entrée	Chicken Caesar Salad or Alternate Entrée	Classic Roast Beef Sandwich or Alternate Entrée
2	Chicken Tenders with Dipping Sauce or Alternate Entrée	Taco Salad with Tortilla Strips and Salsa or Alternate Entrée	Roasted Turkey Sandwich with Cranberry Spread or Alternate Entrée	Oriental Salad with Chicken or Alternate Entrée	Deli Ham Sandwich or Alternate Entrée
3	Chicken Tenders with Dipping Sauce or Alternate Entrée	Roasted Turkey Sandwich with Cranberry Spread or Alternate Entrée	Teriyaki Chicken Rice Bowl or Alternate Entrée	Tex-Mex Pasta Salad or Alternate Entrée	Classic Roast Beef Sandwich or Alternate Entrée
4	Chicken Tenders with Dipping Sauce or Alternate Entrée	Vegetarian Pesto Pasta Bowl or Alternate Entrée	Tuna Salad Sandwich with Crisp Romaine Lettuce or Alternate Entrée	Turkey Cobb Salad or Alternate Entrée	Deli Ham Sandwich or Alternate Entrée

	Monday	Tuesday	Wednesday	Thursday	Friday
Weekly Alternate Entrée Schedule	Hummus Platter with Pita Bread and Dipping Vegetables	Deli Ham and Cheddar Cracker Stackers	Fresh Baked Muffin and Yogurt Pack with String Cheese	Roasted Turkey and Cheddar Cracker Stackers	Fresh Baked Muffin and Yogurt Pack with String Cheese

Menu items are subject to change due to availability. All lunches provided will contain fruit, vegetables, grains, and a meat/ meat alternative. Students have the choice to select chocolate, white, or no milk. Lunch Prices by Grade: K-5 \$2.75; 6-8 \$3.00; 9-12 \$3.30.