



# AMERICAN PREPARATORY ACADEMY

March 29, 2019

## Draper 2



## UPCOMING EVENTS

Mon., Apr. 1 - Fri., Apr. 5th

Mon., Apr. 8th - Fri., Apr. 12th

Friday, April 12th

Tuesday, April 9th  
only

Friday, April 19th

Friday, April 19th

Saturday, April 20th

Monday, April 22nd

Mon., Apr. 22nd-Fri., April 26th

Tuesday, April 23rd

Friday, April 26th

pm

Mon., Apr. 29th - Fri., May 3rd

**Save the Date - Friday, May 17th**

**Spring Break!! No School**

Classroom Speech Festivals

Last day to order Yearbooks!!

1:30 pm Builder of the Year Assembly-invitation

District Art Show, 3:30-8:00 pm

WV-2 Campus, 3636 W. 3100 So., WVC, Utah 84120

District Art Show Awards Presentation, 6:30 pm

WV-2 Campus, 3636 W. 3100 So., WVC, Utah 84120

District Art Show, 9:00 am-12:00 pm

WV-2 Campus, 3636 W. 3100 So., WVC, Utah 84120

4th-6th grade school Speech Festival, 1:00-2:30 pm Gym

White Ribbon Week-More to come after break.

K-3rd grade school Speech Festival, 1:15-3:00 pm Gym

Full Day Kindergarten Field Trip, 8:00 am - 1:00

HERO WEEK!!! *More details to come*

**Fun Run - Andy Ballard Arena, 6:00-8:00 pm**

*For updates, additional event information, and athletic events, please visit our campus website below.*

**Do you have volunteer hours to report? Go to [volunteerdraper2@apamail.org](mailto:volunteerdraper2@apamail.org) and report them. Thank you for ALL of your help.**



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## **From the Directors' Desks**

by Cathie Adamson and Kevin McVicar

### **March Builder Theme: I am a Builder When I Quickly Acknowledge Mistakes and Humbly Make Amends**

As we have practiced this month's Builders theme, we have found that it gets easier and easier each time you truly admit to making a mistake and then look for the best way to make amends for that mistake.

When we talk to our students after an incident, such as, at recess if they hit someone with a ball or harm a fellow student accidentally or maybe they used words that hurt another student's feelings, we have found most students are very receptive and open to the concept of admitting their mistakes and trying to make amends for that mistake.

We don't think our students intentionally try to do harm to one of their friends--sometimes they just get caught up in the moment. What do we do to try to make things better? We **quickly** acknowledge that we made a mistake then we **follow through** just as quickly with an idea to make the situation better without using the phrase, "I'm sorry, but....."

After we have apologized and have made the appropriate amends, we must then leave it in the hands of the other person to quickly accept our amends.

Keep practicing this theme in your family and see how much easier it gets each time you do it.

## **Preschool OPEN HOUSE at the Early Learning Center April 11th**

Come join us on April 11th from 4:30pm - 6:30 pm for our Preschool Open House.

Our Pre-School is located at 12894 S. Pony Express Road, Suite 700, Draper, UT 84020

Come learn about our approach to preschool and how we prepare kids for a rigorous academic future.

Save 50% off your registration fee if you register at one of our open houses. If you have any questions about our program or would like to take a tour of our preschool, please call 801-797-0069.

## **No More Boots For Girls**

When we return from Spring Break, girls will not be allowed to wear boots anymore. If our girls wear boots, they will call home to have you bring them their proper shoes. Thank you so much for your cooperation. In the case of inclement weather, students may wear boots for recess **only** and will need to bring their regular school shoes for the classroom and in the school.

## **Academic Update: End of Year Assessments:**

End of year assessments are upon us! Students at American Prep are assessed throughout the year in both homeroom classes and achievement-leveled groups.

If time off school must be taken, please talk to your students' teachers about exact times and dates that the tests will be administered and what the plan will be to get these tests made up.

No absences during this time will be approved by administration.

Please make sure that during these important weeks that students are getting to sleep early so they are well rested and that each morning they are getting a good breakfast. These are a few things you can do at home to help your students be successful.



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## **Thank you!!**

We would like to give a hearty shout-out to those families who have attended a Re-enrollment Meeting AND completed their online registration for next year. We will be holding a new lottery after we return from Spring Break, so please be sure to complete the online registration before we leave to go on Spring Break. We would LOVE to have ALL of you return to enjoy next year with us. :-)

## **Amazon Smile**

**Thank you** to all who are ordering through AmazonSmile. Amazon Smile donates to various charities. When ordering through this web-site, please choose American Preparatory Education Foundation as your charity. We earned \$875.44 last quarter!! It is so easy to do. Go to [smile.amazon.com](https://smile.amazon.com) when you have an order to place through Amazon. It doesn't cost you anything but Amazon will donate to American Preparatory Foundation with each order that you place.

## **Read-A-Thon**

It has been an exciting Read-A-Thon so far. We have raised over \$4,000 so far with SNAP our digital fundraising platform. Please share the link with our video by email, Facebook or Twitter.

<https://www.snap-raise.com/fundraisers/american-preparatory-academy-read-a-thon-2019>

In addition to this digital fundraising platform, we also have a classroom library wishlist that you can directly order books that are needed for our classroom libraries. When ordering any books, we ask that you ship it to the school with the following information in the name and sent to our school address.

Draper 2 Book Fair-**Student name, grade and teacher**

11938 South Lone Peak Parkway

Draper, UT 84020

When the books come in, we will know which student's family donated the book and we will put a sticker in the book identifying the student who donated it. This way students will be creating a legacy for other students or siblings that will be selecting books from that classroom library in the years to come. The link will take you to our Draper 2 wishlist on Amazon Smile. Ordering from Amazon Smile for these books **and other items from Amazon** and selecting American Preparatory Education Foundation as the non-profit, then our school will receive additional monies.

## **Amazon Smile Wish List**

[https://smile.amazon.com/gp/registry/wishlist/1VFLDKT1UN27J/ref=cm\\_wl\\_huc\\_view](https://smile.amazon.com/gp/registry/wishlist/1VFLDKT1UN27J/ref=cm_wl_huc_view)

Please encourage your students to spend more time reading over the next 3 weeks and share our SNAP digital fundraising link with anyone in your network.

Thank you to all of those that have shared this opportunity and all of those that are ordering books directly!

## **Cafe Zupas Fundraiser**



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Thank you to all the families that came to Cafe Zupas on Tuesday night to support our Read-A-Thon. Our school brought in \$2,187.65 and we will receive a check for \$437.53 to purchase more books for our classroom libraries!

## **Order Lunches**

With next week being Spring Break, please get your lunches ordered ASAP if you would like your student to continue ordering through our lunch system. Lunches must be ordered 48 hours in advance. **If you want your student(s) to receive lunch on Monday, April 8th, you MUST order by Saturday, April 6th.**

## **White Ribbon Week**

Coming up April 22nd-April 26th, 2019. Watch for more information in our newsletter *after our spring break*... this is our very first White Ribbon Week (internet safety) and there will be volunteer opportunities, a parent meeting, and so many great activities for your students. We can't wait!

## **2nd ANNUAL SUPER HERO FUN RUN: Friday, May 17th**

Mark your calendars for the 2nd Annual Super Hero Fun Run on Friday, May 17th, 2019, 6:00-8:00pm at the Andy Ballard Arena (1600 Highland Dr., Draper, UT 84020). Get excited for another amazing APA community event with Rusty Keys from FM100.3, delicious food trucks and fun with our silent auction. \*ONE WEEK REGISTRATION OPENS: APRIL 29th - MAY 3rd DURING HERO WEEK.

***Interested in volunteering?*** Please sign up at

<https://www.signupgenius.com/go/20f0548a5ad23a5fd0-apasuper> -OR- Please email Jill Welch @ [jwelch@apamail.org](mailto:jwelch@apamail.org). *More details to follow...*

## **Family School Organization Help Needed!!**

This year's school wide Speech Festival will be held on April 22nd for grades 4-6 and April 23rd for grades K-3 starting at 1:00 pm on both days. To help make the speech festival a success, we are in need of a Chairperson ASAP and general volunteers to help as well. Please follow the link below to sign-up to be involved with this great school event.

<https://www.signupgenius.com/go/70A0D4EA8AB2FA4FE3-speech>

## **Character Development**

by Mandy Brown

YEE HAW! Our 6th Grade Western Round Up was held yesterday, and it was a roaring success. The students have mastered their dining etiquette and flashed back in time with their boot scootin' dancing skills! They learned how important hard work is for today as well as the future and how to become a better friend. Thank you to our wonderful parents that came and helped our event be successful! Thank you to our rootin' tootin' volunteers! We couldn't have done it without you!

### **5th Grade volunteers:**

Tori Andersen, Joseph Arulanandan, Neha Gupta, Krista Henrie, Kathy Larrabee, Candice Lee, Stacie Petersen, Victoria Silva, Jenny Stark and Naomi Wolfe!

### **6th Grade volunteers:**



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Jo Ellen Chappell, Alicia Doyle, Katie Harmon, Tanya Headlee, Romy Humphries, KC Hwang, Karrie Jones, Erica Lewis, Sarika Mole and Hailey Slaugh!

We also introduced a new lunch time chat video this week featuring "Ebenezer Scrooge" from Charles Dickens' book A Christmas Carol (a secondary Reading University book). Scrooge demonstrates the ability to acknowledge his mistakes and humbly make amends. We'd like to thank DRAPER HISTORIC THEATRE and GARDNER VILLAGE for allowing us to use costumes and set to make our movie magic happen. THANK YOU!!

## **Curriculum Dates to Remember!**

May 3- Last day to check out library books

May 15- All library books due

May 23 - Kindergarten group books due

May 24- 1-6 grade group books due

## **Love & Logic**

### **"True Identity or Digital Identity?"**

How many young people live with constant feelings of inferiority and discontent because their self-perceptions don't match the ideals presented in various forms of digital media? How many reach young adulthood extremely anxious about their ability to cope?

"I'm a loser in real life! The only time I'm not is when I am online."

As they grapple with the already challenging task of understanding themselves in relation to the world, this dangerous theme pervades the lives of far too many children, teens and young adults. When true and digital identities battle each other for emotional territory, kids can suffer painful conflict and develop understandable escape behaviors.

Many dive deep into the murky waters of the Internet and video game overuse where they feel calmer, stronger, and more accepted in the cyberworld than in their true relational one. The seeds of addiction are sown. Full-blown dependency looms just around the corner.

While it's sometimes necessary, taking away their devices addresses only the tip of the iceberg. Helping them feel confident within their own skin gets at the much larger portion below the water line.

### **\*\*Denial in epic proportions**

One might argue that most parents in America are in denial over the impact of technology overuse on their children's identities. Teaching me to drive, both of my parents gave great advice, "Always assume someone is in your blindspot." Applying this to parenting, it's probably wise to assume that most of us have a "blind spot" when it comes to technology and our kids.

### **\*\*Helicopters and Drill Sergeants develop dependency.**

Chronic helicopter parenting creates insecure kids who doubt their ability to make good decisions and to succeed in the real world. So does clinging to the drill sergeant model. Both styles are the enemy of healthy identity development, creating damaging anxiety and despair.

### **\*\*Consultants empower strength.**

Consultant parents empower their kids to make decisions, live with the consequences, and see that they are capable of coping. This style also preserves healthy parent-child relationships. Coping skills plus relationships serve as antidotes for depression and dependency.

### **\*\*We can't control others.**

At the heart of consultant parenting is the awareness that we can only up the odds of healthy identity development. We cannot ensure it. Sometimes highly ineffective parents end up with strong kids....and



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highly competent parents experience ones with big problems. What Love and Logic does guarantee is that we can face life knowing we've done our best.

Thanks for reading! Our goal is to help as many families as possible.

*Dr. Charles Fay*

To receive the Love and Logic newsletter and tips, go to their website: <https://www.loveandlogic.com/>

**Don't forget to order your yearbook! You have through Friday, April 12th**

**PAYMENT FOR YEARBOOKS WILL NOT BE ACCEPTED AT THE SCHOOL.**

1 - Go to bellphoto.com

2 - Click on Prepay

3 - Enter school code: apadraper2yb2018

4 - Click on Start and the gallery will open.