

AMERICAN PREPARATORY ACADEMY

March 22, 2019

Draper 2



UPCOMING EVENTS

Tuesday, March 26th

Thursday, March 28th

Mon., Apr. 1 - Fri., Apr. 5th Mon., Apr. 8th - Fri., Apr. 12th Friday, April 12th Tuesday, April 9th only Friday, April 19th

Friday, April 19th

Saturday, April 20th

Monday, April 22nd Tuesday, April 23rd Friday, April 26th pm Mon., Apr. 29th - Fri., May 3rd *Save the Date - Friday, May 17th* Cafe Zupas Reward Night, 5:00-9:00 pm.

6th grade Ambassador event Western Hoe-down 12:30-3:00 pm

Spring Break!! No School

Classroom Speech Festivals Last day to order Yearbooks!! 1:30 pm Builder of the Year Assembly-invitation

District Art Show, 3:30-8:00 pm

WV-2 Campus, 3636 W. 3100 So., WVC, Utah 84120 District Art Show Awards Presentation, 6:30 pm WV-2 Campus, 3636 W. 3100 So., WVC, Utah 84120 District Art Show, 9:00 am-12:00 pm

WV-2 Campus, 3636 W. 3100 So., WVC, Utah 84120 4th-6th grade school Speech Festival, 1:00-2:30 pm Gym K-3rd grade school Speech Festival, 1:15-3:00 pm Gym Full Day Kindergarten Field Trip, 8:00 am - 1:00

HERO WEEK!!! More details to come

Fun Run - Andy Ballard Arena, 6:00-8:00 pm

For updates, additional event information, and athletic events, please visit our campus website below.



Do you have volunteer hours to report? Go to volunteerdraper2@apamail.org and report them. Thank you for ALL of your help.

From the Directors' Desks

by Cathie Adamson and Kevin McVicar

March Builder Theme: I am a Builder When I Quickly Acknowledge Mistakes and Humbly Make Amends
The power of making amends - What's the difference between an apology and making amends? "I'm sorry" is a common attempt to fix things. But the apology doesn't work if it becomes a pattern. Saying "sorry" can feel like the person wants you to forget about what happened without having to make it right.

Making amends means acknowledging your behavior and taking responsibility for it. This takes

Making amends means acknowledging your behavior and taking responsibility for it. This takes courage, humility, and a sincere desire to change. Letting go of pride and ego makes this a challenging task. When you avoid acknowledging your mistakes, they fester into guilt and remorse. Those feelings impact how you feel about yourself. You end up trying to avoid the other person because it hurts to face them.

Benefits of Making an Amends

- **You experience a sense of emotional relief.
- **You feel good about yourself for having the courage to face it.
- ** It repairs the relationship and can restore trust.
- **It gives you a sense of resolution to an unfinished situation.
- ** Handling old hurts this way decreases worry and stress

*Grades K-6: Academic Update - Promotion Policy:

It has been a great 4th term at American Prep! Thank you for sharing your wonderful students with us. We appreciate having you as part of our American Prep family.

At this time each year, as we begin re-enrollment, we carefully look at all the progress being made by **EACH** student. During PTC you were able to make plans and set goals with your students' teachers to ensure that each student is on grade level before the end of the year.

Benchmarks and promotional guidelines for each grade are set in place to help us determine the success of a student from year to year.

Students must meet minimum criteria for promotion each year. Teachers may automatically recommend a student for promotion only if the student meets the following criteria:

- 1. Student passed all subjects three terms of the year with at least a C grade.
- 2. Student attended school a minimum of 160 days (less than 21 absences).
- 3. Student passed at least the lowest level of the skills classes reading and mathematics for their grade level, and scored proficient for their grade level on the state end-of-level ②assessment.
- 4. Student has not been suspended during the school year. 2

*Teachers may not recommend for promotion any student who does not meet the above criteria.

The Student Promotion Advisory board, comprised of the student's teacher(s) and school administration, will review all relevant documentation (for each student not recommended for promotion) regarding the student's performance, including but not limited to: grades, attendance, academic achievement records including assessments, work product, and Learning Plans. The Student



Promotion Advisory Board will make a determination if the student qualifies for promotion to the next grade.

If your student does not meet the promotion policy, you will be contacted by administration after completing your student's online registration to meet and discuss your student's progress and determine a plan to most help your student find academic success.

Thank you!!

We would like to give a hearty shout-out to those families who have attended a Re-enrollment Meeting AND completed their online registration for next year. We will be holding a new lottery after we return from Spring Break, so please be sure to complete the online registration before we leave to go on Spring Break. We would LOVE to have ALL of you return to enjoy next year with us. :-)

Read-A-Thon

Parents, we are excited to start our Read-A-Thon. Here is the video that will be part of our on-line campaign. The video was put together by our students and staff with the poem that was created to tell the story of our fundraising efforts and fashioned around our Builders poem. This video will be part of our digital fundraising with SNAP and the web-site link can be shared to anyone in your friends and family network. Here is the link to the video on YouTube:

https://www.youtube.com/watch?v=D5-4-ID5pXU

In addition to this digital fundraising platform, we also have a classroom library wishlist that you can directly order books that are needed for our classroom libraries. When ordering any books, we ask that you ship it to the school with the following information in the name and sent to our school address.

Draper 2 Book Fair-**Student name and grade** 11938 South Lone Peak Parkway Draper, UT 84020

When the books come in, we will know which student's family donated the book and we will put a sticker in the book identifying the student who donated it. This way students will be creating a legacy for other students or siblings that will be selecting books from that classroom library in the years to come. The link will take you to our Draper 2 wishlist on Amazon Smile. Ordering from Amazon Smile for these books **and other items from Amazon** and selecting American Preparatory Education Foundation as the non-profit, then our school will receive additional monies.

Amazon Smile Wish List

goo.gl/7oX7uC

Please encourage your students to spend more time reading over the next 4 weeks and share our SNAP digital fundraising link with anyone in your network.

Thank you to all of those that have shared this opportunity and all of those that are ordering books directly!

Student High Fives!!

Science Fair Results

CONGRATULATIONS to the following students who participated in the University of Utah Science and Engineering Fair. They have now moved on to the national level. These are fantastic accomplishments!!

Allison Sorenson, Draper 2

Behavioral & Social Sciences - Third place

Allison is also going on to Broadcom. This is a national competition and a wonderful opportunity.

Carter Vijayaraghavan, Draper 2

Behavioral & Social Sciences - Honorable Mention

<u>Jennifer Parke, Draper 2</u>

Biology & Biochem - Honorable Mention

Chess Team

Congratulations to our Chess Team who participated in the State of Utah Chess Championship. They took first place!! Way to go Draper 2 Chess team!! Way to go!!! Woot! Woot!

FUN RUN 2019 - FRIDAY, MAY 17th

Mark your calendars for the 2nd Annual Super Hero Fun Run on Friday, May 17th, 2019, 6:00-8:00pm at the Andy Ballard Arena (1600 Highland Dr, Draper, UT 84020). Get excited for another amazing APA community event with Rusty Keys from FM100.3, delicious food trucks and fun with our silent auction. Interested in volunteering? Please email Jill Welch @ jwelch@apamail.org. *ONE WEEK REGISTRATION OPENS: APRIL 29th - MAY 3rd DURING HERO WEEK. More details to follow...

Family School Organization Help Needed!!

We are still looking for willing parents to step up and take charge of our FSO, (Family School Organization). Our wonderful leader this year, Nicole Harman, needs to take time to spend with her family so she will not be able to carry on for one more year. This year Nicole has done a fantastic job running things and keeping our school going, and we understand her need to go back to being a Mom and a regular volunteer. :)

That being said, we need YOU!! Please email either Kevin McVicar kmcvicar@apamail.org and/or Cathie Adamson cadamson@apamail.org if this is something you are willing to help us out with. Our school is able to do many things because of YOU and YOUR help. Please come and join our team!!

This year's school wide Speech Festival will be held on April 22nd for grades 4-6 and April 23rd for grades K-3 starting at 1:00 pm on both days. To help make the speech festival a success, we are in need of a Chairperson and general volunteers to help as well. Please follow the link below to sign-up to be involved with this great school event.

https://www.signupgenius.com/go/70A0D4EA8AB2FA4FE3-speech



Looking ahead, the end of school will be here before we know it and we will need help gathering and cleaning up curriculum. This is usually done in the last few weeks of school and more information will be sent out as it gets closer. If this is something you know you would be able/like to help with, please send me an email. nharman@gmail.com

*Carpool Corner

Limiting the amount of pedestrian traffic in our parking lots during pick up time is important to the safety of our pick-up process. Lately, many parents have been parking and then walking across the parking lot to pick up their students. Although this seems like it would be easier than just going through the regular pick up process, it actually makes it more dangerous and does not save a lot of time. So, if you have legitimate business when coming to pick up your student and need to come into the school to talk with a teacher or an administrator, please park and come in. If you are just trying to avoid a couple of extra minutes in our pick-up queue, please go through the pick up system in your car and pick your student up at the curb. Thank you for your cooperation.

Character Development

by Mandy Brown

YEE HAW! Our 5th Grade Western Round Up was held yesterday, and it was a roaring success. The students have mastered their dining etiquette and flashed back in time with their boot-scooting dancing skills! They learned how important hard work is for today as well as the future and how to become a better friend. Thank you to our wonderful parents that volunteered and helped to make our event successful!

Reminder: Next Thursday our 6th grade students have their last ambassador event!

6th Grade: Thursday, March 28th from 12:30 until 3:00

Students may bring "western" gear to put on at the time of the party (bandana, cowboy hat) if they desire.

As you know, Builders are set apart from Wreckers not because they don't ever make mistakes--of course Builders make mistakes! What makes a Builder different is that they take responsibility and own their mistakes, learn from them, and then make amends. This month we've been visiting classes during lunch to read from some of our favorite books on this topic. Ask your child about <u>Pickle Chiffon Pie!</u>

We also introduced a new lunch time chat video this week (some teachers may show it next week) featuring "Ebeneezer Scrooge" from Charles Dickens' book "A Christmas Carol" (a secondary Reading University book). Scrooge demonstrates the ability to acknowledge his mistakes and humbly make amends. We'd like to thank DRAPER HISTORIC THEATRE and GARDNER VILLAGE for allowing us to use costumes and set to make our movie magic happen. THANK YOU!!

Love & Logic

"Talking to Kids About Important Matters"

Some refer to it as the "Lecture Lobe." Most of us have one... a part of our brain devoted exclusively to lecturing kids about being more responsible, eating green stuff, getting a good education, staying away from all things that might "put your eye out," etc. For most folks, this part of the brain remains

dormant...asleep...until we become parents or teachers. Then it activates! Have you ever been amazed at how easily and automatically a good lecture rolls off the tongue?

As they say in physics, every action has a reaction. When our lecture lobes swell, kids' learning and listening lobes shrink. Indelibly etched into my memory is the little first-grader I lectured about his chronic hall-running. "You could slip and get brain damage", was the theme of my speech.

We've learned a lot from our own mistakes.... and those made by others. We've learned even more by watching extremely effective parents and educators. Over the past thirty years, we've noticed that really successful ones understand the following concept:

The more words we use when kids are misbehaving or acting irresponsibly, the less effective we become. Kids test us to see if we will love and accept them regardless of what they may do.

Questions do two powerful, important things. First, they show others that we can and want to understand their viewpoint. Secondly, they force people to do plenty of thinking. Questions create a lack of closure deep in the psyche. Humans yearn for closure and sort of go nuts when they don't have it. Even when our kids don't answer our questions verbally, their subconscious minds can't resist the urge to give them plenty of thought.

Some examples include:

- **What do you think about how you are doing in school right now?
- **What are your ideas on whether bikes like your new one ever get stolen?
- **What are your thoughts on kids experimenting with drugs?
- **How do you think some kids put themselves in danger while chatting on the internet?

Listening to our youngsters' opinions....even when they're silly, strange, or downright scary... dramatically increase the odds that they'll listen when it's our turn to speak.

Let's think about this. Do children have control over whether they listen to us... even when we don't give them this control? You bet! Do stubborn kids know this? Yep! Whenever we pretend to have control over things we clearly do not, it erodes their respect for us.... and creates a battle they cannot resist.

Here are a few tips to experiment with when talking with your kids about important matters:

- **Have plenty of short discussions rather than a few long ones.
- **Ask thoughtful and sincere open-ended questions.
- **Ask permission to share your thoughts.
- **Describe potential consequences using the "Some kids worry..." routine.
- **Provide a positive expectation.
- **If they refuse to talk, don't fall into the trap of trying to make them.

We all know at least one child.... or adult.... who just has to learn life's lessons the hard way. Despite all of our gallant attempts to endow them with our wisdom, they choose to take the rocky road to maturity by making plenty of mistakes and experiencing their own consequences. Isn't it interesting that the hardest lessons learned are usually the ones that teach us the very most!

Thanks for reading. Or goal is to help as many families as possible.

Dr. Charles Fay

To receive the Love and Logic newsletter and tips, go to their website: https://www.loveandlogic.com/



Don't forget to order your yearbook! You have through Friday, April 12th

PAYMENT FOR YEARBOOKS WILL NOT BE ACCEPTED AT THE SCHOOL.

- 1 Go to bellphoto.com
- 3 Enter school code: apadraper2yb2018
- 2 Click on Prepay
- 4 Click on Start and the gallery will open.