



# AMERICAN PREPARATORY ACADEMY

November 30th, 2018

Draper 2



## UPCOMING EVENTS

Holiday Gift Workshop  
Holiday Gift Workshop  
Road Home Sock Drive  
Picture Day-New Students & retakes  
Geography Bee 4th-6th grades  
Spirit Wear Day  
Parent's Night Out

Tues., Nov. 27th, 3:30-4:30 pm  
Tues., Dec. 4th, 3:30-4:30 pm  
Fri., Nov. 30th - Fri., Dec. 14th  
Tuesday, December 4th, 8:00-9:30 am  
Tuesday, December 4th, 1:00-2:30 pm  
Friday, December 7th  
Fri. Dec. 14th, 5:30-8:30 pm

For updates, additional event information, and athletic events, please visit our campus website at:

<https://draper2.americanprep.org/>

### **From the Directors' Desks**

by Cathie Adamson and Kevin McVicar

**November Builder Theme: I am a Builder When I Show Gratitude in Word and Deed**

#### **Acting on Our Gratitude**

As November comes to a close, we would like to take a moment to express our gratitude to all of you in our American Prep family. Thank you for all you do to make our school such a wonderful place to come each day. We are grateful for the efforts you make day in and day out to bring your students to school on time, to have them dressed for success, and ready to learn! Thank you for signing learning plans and helping with homework and practicing math facts with such dedication that you say them in



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your sleep! Thank you for your willingness to volunteer. Each of you brings something unique to our school community and we appreciate your generous gifts of time and talent. It is a privilege to teach your children and we are grateful for this opportunity you have given us. Thank you!

## **Uniform Guide Updates-Winter Weather**

As winter weather is coming on, we find a need to clarify our K-6 uniform policy and we have also made some changes. Please see below!!

1. Baby, it's cold outside!!! Please remember to send your children with a coat for outside play, with gloves and hats when appropriate. If they don't have the proper clothing, they won't be allowed outside!
2. These boots were made for walkin'!!! Every year we have questions about boots. Once the snow hits, students may want boots to wear on the playground. If they are snow boots, that is great - we will ask that students change into shoes when they come inside but snow boots can be really great on the playground - warm, skid-proof, etc! Unfortunately, the "dress boots" many girls wear have VERY slippery soles and don't do well in snow or ice. They really were made for walking in climate controlled hallways! But not so much for a slippery playground! Please consider that our playgrounds sometimes do have snow on them!
3. BRRR! Currently our K-6 girls can wear navy pants **under** their skirts, but we are expanding that option to allow K-6 girls to wear navy pants **instead** of their skirts if they wish. In an effort to help girls in K-6 to stay warm, they may wear navy pants instead of their skirts or under their skirts, whichever they choose. Watch the online uniform guide for instructions on what type of navy uniform pants are permitted. It should be updated in the next day or two with the style guides. Friday uniform has not changed - khaki pants or skirts are still options for Friday.

We are excited to have a healthy and happy winter. Thank you for preparing your children for the upcoming season of snow and wet weather.

*Carolyn Sharette*  
*Executive Director*

***To clarify, here is what is in the uniform guide that was sent to all of you Wednesday, November 21st -***

"Navy Slacks for our Elementary girls, (UNIFORM STYLE)

Cargo, Denim, tight-fitting, or corduroy pants are not allowed. Navy uniform style pants only. No outside pockets, no tapering from knee or ankle, no skinny pants.

**\*These are the only brand and style of navy slacks K-6 girls may wear. \***

Approved Pant #1 French Toast Girls Adjustable Waist Pant Item #1315B

Approved Pant #2 French Toast Adjustable Waist Pleated Pant Item #1522B"

<https://www.frenchtoast.com/product/girls+adjustable+waist+pant+girls+4-6x.do?sortBy=ourPicks&from=fn>

Please note that for our K-3 girls, they will be allowed to wear the pants under their jumpers. If the slacks are worn without a jumper, a sweater vest or buttoned up cardigan must also be worn. White shirts are never worn by themselves.



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## **School Lunch**

The menu for December AND January is now available! A CHANGE in January is that we are offering the muffin and breadsticks EVERY WEEK! These are the 2 most popular items.

You can now order online - the link for online ordering can be found here:

<https://www.americanprep.org/school-lunch-program/>

## **Family Support Organization - Volunteer Opportunities**

Staff Appreciation is quickly approaching. Before we know it, February will be here and it will be time to shower our staff with love and appreciation. Our theme for this year is "Our staff is the greatest in the World". With 132 staff members, this is a big undertaking and we are in need of more help to pull this all off. If you would like to be involved, we would LOVE to have your help. Please email me at [nharman@apamail.org](mailto:nharman@apamail.org) or come to our next meeting on December 17th at 1:00 pm in the conference room.

Also, don't forget to turn in your Boxtops to your class, they really do add up. The batch that was recently turned in earned us \$545.00. If you don't want to clip and store physical Boxtops, there is an app that you can download that will allow you to scan receipts and turn them in digitally.

Go to your App store and you are looking for "**Box Tops Bonus App-School Fundraising. General Mills Inc.**"

*The funds brought in through the Box Top program will go toward updating and adding books to our classroom libraries.*

Thank you so much for your help as every little bit helps.

***Nicole Harman***

FSO Director Draper 2

[nharman@apamail.org](mailto:nharman@apamail.org)

## **Character Development**

by Mandy Brown

### **ROCK THE SOCKS!**

Did you know that 30% of Utah's Homeless are children? Let's show them we care! We accept new or gently used and laundered socks of any size, color, or style. Your students can drop off donations in their elementary homeroom or secondary 4<sup>th</sup> period classroom. The drive starts TODAY! Thank you for your generosity!

### **DATE AND TIME CHANGE for 5th and 6th grade ambassador events:**

#### **Fifth Grade**

**THURSDAY, Jan. 17th, "Celebrate"**

**THURSDAY, Mar. 21st, "Rodeo Round Up"**

**\*\*1:45 to 4:15 p.m.**



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## **Sixth Grade**

**THURSDAY, Jan. 24th, "Celebrate"**

**THURSDAY, Mar. 28th, "Rodeo Round Up"**

**\*\*1:45 to 4:15 p.m.**

*Please note that these events now go AFTER SCHOOL. Please put the dates and times on your calendars now. It is worth re-arranging piano lessons or missing a sports practice just two times this year for your student to participate in these amazing events! Thank you for your support!*

## **From Curriculum**

Unfortunately, sometimes our students' textbooks and library books get lost or damaged. We are diligent in collecting lost/damaged book fees so we can purchase those replacements for our students to use. We are not able to accept replacement books provided by parents but have different options to help with the reduction of and payment of fees. Please contact Pam Gibbons at [pgibbons@apamail.org](mailto:pgibbons@apamail.org) for help or questions.

## **Reading University**

Thanks in part to our RU reviewers, so far this year we have added 165 books to the RU list. In total we have added 1,700 books to the RU list in the last 4 years. We are grateful for this help and the great quality of books we are able to have students read.

To see some of the recently added books, go to the DRA2 site on [americanprep.org](http://americanprep.org), Resources, and Reading University. There can be found newly published books added to current RU series, new great books by list and highlighted by the blog. Check it out!

## **Sixth Grade RU Reading Challenge**

Remember that the reading challenge ends Dec. 10th and the Reading Log needs to be turned in that day in order to participate in the pizza discussion and voting. So many of our students are close! You can do it!

## **General School Information**

### **Picture Day, Tuesday, December 4th, 8:00 - 9:30 am**

Bell Photography will be here to take the pictures of our new students who have enrolled since our October 9th picture day. Please make sure to come looking your best in your best uniform.

If you are interested in any re-takes, please contact your homeroom teacher so they can schedule a picture for your student.

### **Spirit Wear Day**

The first Friday of every month is Spirit Wear Day! Students and Staff get to wear their favorite APA logo item on top with regular Friday dress standards on the bottom. Our next Spirit Day is Friday, December 7th. The front office now has some of the Spirit Wear items available for purchase and would be happy to assist you..



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## From the Front Office

### **FROM THE FRONT OFFICE:**

As we've implemented our new **Leave Your Student's Forgotten Lunch On The Lunch Cart** procedures, we want to give a special SHOUT OUT to our awesome Lunch Ladies, Ms. Marcotte and Ms. Kim, for delivering said forgotten lunches to their owners! Some classes start lunch at 11:00 am so please try to bring it in before then.

We have enjoyed getting to know so many of you parents!! When you come to the school, even if it is for something simple like dropping off a docket, and even if we know you, we still need you to check in at the office. We understand it might be inconvenient, but it's very important for the safety of our students.

Thanks to all the moms and dads, grandmas and grandpas, cousins and neighbors who have had your ID ready to show when checking out your student! We know it would be nice to be able to skip this step when you're already late for your Dentist Appointment, but we really appreciate you being ready in advance and keeping our students and staff safe.

## Carpool Corner

As the Winter driving season approaches, please exercise a bit more caution, especially when entering and exiting our property. Making the right hand turn can be tricky with any snow or ice. Also, please make sure your students are dressed warmly while they wait for you at the curb. As always THANK YOU to all of the parents being considerate and not turning left during our peak carpool times.

## Volunteer Opportunities!!

YOU are needed in lots of many ways to keep YOUR school up and running in the way it should be. We ALWAYS do what's best for kids and your kids love seeing you here helping out. Below you will find lots of different opportunities to volunteer. Please consider coming in and helping out!

**\*Carpool Volunteer link** (if you'd like to help it run as smooth as silk!)

<https://www.signupgenius.com/go/20F0A45AEA828AAFC1-carpool1>

### **\*Front Office Volunteers Needed**

Hello, Families! Thank you so much to those who have come in to help! It's a fun volunteer assignment and we really appreciate your help. **The busiest time where help is needed the most is from 9:30-11:30 am . Please sign up now!**

Here is the link to sign up: <https://www.signupgenius.com/go/20f0544adac2ba1f58-american>

## **Love And Logic -**

### **The Best Consequences**

Have you ever been at a complete loss for an effective consequence? One of the most common requests we get is - ***"Can you give us a list of consequences?"***

The reason you won't find this in any of our materials is that effective discipline involves far more than simply picking the right consequence. It involves building and maintaining loving relationships so



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that: (a) kids are less likely to rebel; and (b) they experience genuine remorse when they blow it. It also involves setting effective limits, sharing control within these challenges.

With this said, there are a variety of consequences that often outperform the others. It's called "restitution." We at Love and Logic call it the "Energy Drain" approach. Performing restitution means to restore. It means to make things right by performing any action that repairs the inconvenience or damage inflicted on another.

It's the preferred type of consequence because it:

- Leaves kids seeing they can solve the problems they create.

- Requires real thought, action and learning.

- Builds healthy self-esteem and efficacy.

- Meets the need to reconnect when relationships have been damaged.

While it's not always possible to repair a concrete object, it's almost always possible to replace energy drained from another person. Having kids replace voltage they sap is the approach of choice, particularly with youth who feel poorly about themselves and need to see they are capable of doing good.

The next time your child drains somebody's energy, you may want to experiment with saying:

"This is so sad. What an energy drain. How are you going to replace that energy?"

Then provide some options, such as:

"Some other kids decide to do extra dishes."

"Others decide to wash the person's car inside and out."

"Some decide to stay home instead of being driven to practice."

Be positive and thankful about their energy replacement efforts. Don't try to make them feel bad, and don't be surprised if they appear to enjoy replacing your energy.

Kids don't have to feel horrible to learn from restitution. In fact, many will feel good about it. When this happens, it often translates into fewer battles for everyone involved.

To learn more about this approach, and what to do if your child refuses to replace your energy, listen to our audio, "*Love and Logic Magic When Kids Drain Your Energy.*"

Thanks for reading!! Our goal is to help as many families as possible.

*Dr. Charles Fay*

To receive the Love and Logic newsletter and tips, go to their website: <https://www.loveandlogic.com/>

## **YEARBOOK 2018/2019!!**

**Come one, come all, get your Draper 2 Elementary yearbook!! Yearbooks are now on sale.**

**Cost: Pre-sale pricing now through March 3, 2019: March 4, 2019 through April 12, 2019:**

\$15.00 - soft cover

\$20.00 - soft cover

\$20.00 - hard cover

\$25.00 - hard cover

**ONLINE ORDERS ONLY, starting Monday, Nov. 5th!!**

**PAYMENT FOR YEARBOOKS WILL NOT BE ACCEPTED AT THE SCHOOL.**

1 - Go to bellphoto.com  
2 - Click on Prepay

3 - Enter school code: apadraper2yb2018  
4 - Click on Start and the gallery will open.

## Take N.O.T.E. Classroom Winner

Congratulations to Mrs. Erickson's class that was the first Elementary class to earn their N.O.T.E. buttons and lanyards. We are encouraging everyone to take care of and have pride in our school by having **Not One Thing Ever** on the floors, hallways and classrooms throughout our school. When all of us work together to keep things clean and take care of all of our materials, then our school can stay clean! Thanks again to Mrs. Erickson class and to all the other students that are working to earn their own N.O.T.E. pins and help keep our school clean!



Check out this video about our N.O.T.E. Initiative:

<https://www.youtube.com/watch?v=px5qMjkq4wU&feature=youtu.be>