

Draper 2 - School Calendar

December 20, 2017

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| Wed., Dec. 20-Mon., Jan. 1 | Winter Break |
| Tuesday, January 2 | Return to school 8:15 am |
| Monday, January 15 | NO SCHOOL - MARTIN LUTHER KING DAY |
| Wednesday, January 17 | 5 th Grade Maturation Night – Multi-purpose Room Boys – 6:00-7:00 pm Girls – 7:00-8:30 pm |
| Monday, January 22 | Early Release Day - For ALL Elementary students. PM Kindergarten attends – No AM Kindergarten this day 12:15- Purple/Pink/Blue/Orange 12:30 – Green/Yellow 12:45 – Tan/Grey |

*For further information about activities and events, please visit our website
<http://draper2.americanprep.org/>*

Builder Theme for December “I am a Builder When I Look for Ways to Serve Others” (Kigatsuku)

BUILDERS THEME: For December our Builders theme is “I am a builder when I look for others’ needs”. This month we have talked about the concept of “kigatsuku” which describes the trait of being able to see others’ needs, to sense others’ needs, and then to strive to meet them without being asked or directed to. We hope you have seen some evidences that our students have caught on to this great concept!

We also hope that you notice it and can give them praise so they will expand upon their ability to see others’ needs! We have enjoyed watching the children in school as they have been looking out for others’ needs this month – thank you for sharing your amazing children with us! Our hope for all of you is a Happy Holiday Season!!

Help Needed in APA Daycare at the Early Learning Center

For over a year now, we have offered a fantastic service to our teachers and staff by providing low cost childcare for their children. We are in need of another caregiver at our Draper center. This is a great way to give back to the outstanding selfless work our teachers do for us everyday, and get paid for it! It would be a great position for a qualified parent of our school. The position works the same schedule as our kid’s schedule. Perfect for a parent that has children at our Draper 1, 2 & 3 campuses, being that the center is located in the early learning center across the street from Draper 1.

Also, the Center is always in need of substitutes, if this is something you are interested in, please contact the number below.

Any interested applicants please contact the Jennifer Brown at 801-712-5832.

Bus Program

We are excited to announce a new link to our bus program on our web-site. It is in the “Resource” menu. Check it out!

<https://www.americanprep.org/bus-program/>

After School Clubs

We are finalizing some of the after school activities for the upcoming calendar year and wanted to let parents know about our new weekly schedule.

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| Mondays | Lego Club-every other Monday unless parent volunteers would be willing to help Mr. Phinney. Please contact him at kphinney@apamail.org |
| Tuesdays | Introduction to healthy cooking class 3:35-4:35 for 8 weeks starting Jan. 23 rd |
| Wednesdays | Art Haven (formerly Smart with Art) classes 2:30-4:00 starting Jan 17 th Chess Club- Every other Wednesday starting Jan. 10 th Tae Kwon Do 2:35-3:35 for 5 weeks starting Jan. 17 th |
| Thursday | Learning through Robotics 2:40-3:40 starting Feb. 1st Tae Kwon Do 2:35-3:35 for 5 weeks starting Jan. 17 th |

Winter Break Reading Log

Attached to this newsletter is your Winter Break Reading Log. Keep track of the reading adventures you go on over our long break, and bring it back to school on Tuesday, January 2nd, 2018. Remember, if you complete a book, add it to your Reading University log. Wrap yourself up in a good book!!

FSO Happenings

Staff Appreciation Week

We need MANY hands to prepare for one of the best weeks at APA...Staff Appreciation Week! There are many ways to help...decorate a door, help with daily snacks and treats, make mailbox goodies, volunteer for our Staff Appreciation Luncheon, or decorate the school. If you would like to help, please email Molly Jorgensen mollymjorgensen@gmail.com . Staff Appreciation Week is Feb 12-16.

Got Hours??

Check out the FSO Bulletin Board just outside the Multi-Purpose Room. We love recognizing our amazing parent volunteers! Submit your hours to volunteerdraper2@apamail.org. We would love to see your name there too!

From Your Character Development Team

Heroes of Hygiene: APA's Annual Holiday Donation Drive

We are Heroes of Hygiene! And we proved it by working together to accomplish something amazing. Thank you for your willingness to give to others. We are proud to be part of such a generous APA family.



**We collected 8,343.5 items for Globus Relief!!! They have been delivered to Globus and are in the process of going to the places where they are most needed.
THANK YOU!!!**

SPORTS

Learn to play acoustic guitar!

Kayla Waghorn will be teaching private guitar lessons at APA D3, room 126. Please see the attached flyer, or follow this link for more information: <https://kaylawaghorn.weebly.com/>. Contact Kayla to set up lessons today!"

Basketball Tournament

Draper APA and West Valley APA high schools have teamed up to host the first annual "APA Eagle Holiday Tournament". Both sites will host tournament games December 20th, 21st and 22nd. If you

are interested in supporting our Draper APA Eagles, or if you just want to come out for an exciting family outing, please see attached schedule for the game times!

Love & Logic

“Keeping the Holidays Sane for Your Kids”

Little ones thrive on routine and structure, the two things that tend to go by the wayside when the holidays arrive and families are running to and fro, gathering gifts, visiting relatives, and connecting with friends. Listed below are some tips for keeping things sane during this busy time of the year:

Set limits with family and friends.

Some people fear setting limits with their parents, in-laws, other family members and friends because they worry about upsetting them. The only people who get upset by loving limits are people who really need them!

Don't be afraid to say things like, “We can't wait to see you. We will need to leave by six so that we can get the kids in bed by a reasonable hour.”

Continue to set limits with your kids.

Sometimes we avoid setting limits with our children at family get-togethers because we want to keep the peace or avoid meltdowns. Ironically, this leads to far more fits and far less harmony.

Plan ahead and provide a quiet spot for recovery.

Particularly with small children, ask family and friends, “Is there a quiet place where my little one can go for some recovery time if they start to test limits or get overstimulated?”

I vividly remember being sent to my grandparents' bedroom as a result of being unruly during a Christmas meal. I also remember lying on their bed, screaming, punching their pillows, and falling fast asleep. I was worn out!

What if you don't think your kids will go to recovery? Learn practical solutions in our newly revised book, *Love and Logic Magic for Early Childhood*.

Don't feel guilty about placing yourself in recovery.

I love my family... but I still find it helpful to give myself some brief “bathroom time” so that I can regain the ability to exercise self-control.

Remember that this too shall pass.

Despite the best laid plans, sometimes the wheels come off and things get ugly. At these times, it's often comforting to remember that every situation... bad and even good... is merely temporary.

Thanks for reading! Our goal is to help as many families as possible. If this is a benefit, **forward it to a friend.**

Dr. Charles Fay

Find more tips at <https://www.loveandlogic.com/>